

Welsh Masters Athletics Association League Match, 19 August 2015

Brecon

TRACK

Race 1 - 400m Men 35-49

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	140	Mark Saunders	Maldwyn Harriers	M35-49	59.8	24
2	107	Gavin Belcher	Newport	M35-49	60.7	20
3	109	Paul Evans	Brecon	M35-49	62.6	16
4	297	Charlie Northey	Brecon	M35-49	69.8	14

Race 2 - 400m Men 50-59

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	113	Malcolm Medhurst	Newport	M50-59	60.9	24
2	160	Lawrence Worth	Pembrokeshire	M50-59	63.9	20
3	134	Iain Moody	Telford	Guest	64.8	Guest
4	164	Andrew Hutchinson	Northern Vets	Guest	67.9	Guest
5	133	Barry Griffiths	Brecon	M50-59	70.8	16
6	131	Garry Jones	Port Talbot	M50-59	74.0	14

Race 3 - 400m Men 60+

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	144	Alan Perkins	Port Talbot	M60	77.0	24
2	142	Mike Davies	Les Croupiers	M60	77.5	20
3	152	Gordon Orme	Carmarthen	M60	78.5	16
4	153	John Gardiner	Pembrokeshire	M60	87.6	14
5	143	John Davies	Port Talbot	M60	93.7	12

Race 4 - 400m Men Guests

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	151	Jamie Verran	Cardiff	U20	53.5	Guest
2	124	Iwan Jones	Cardiff	U17	55.0	Guest
3	129	Alex Price	Rhondda	U20	55.6	Guest
4	102	Joel Smith	Cwmbran	U17	60.9	Guest

Race 5 - 400m Women

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	119	Ania Ciolek	Brecon	68.3	W35-49	24
2	166	Juliet Sidney	Lliswerry	70.8	W35-49	20
3	156	Jenny Phillips	Llanelli	72.8	W35-49	16
4	103	Eirian Arwyn	Les Croupiers	1-57.9	W60	24

Race 6 - 400m Women Guests

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	146	Victoria Belcher	Newport	Senior	61.6	Guest
2	163	Georgia Morgan	Cardiff	U20	62.6	Guest
3	147	Phoebe Marsden	Newport	U20	71.6	Guest
4	294	Hollie Bolt	Newport	U20	78.5	Guest

Race 7 - 800m Men

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	169	Lee Aherne	Parc Bryn Bach	M35-49	2-19.3	24
2	128	Sean Price	Rhondda	M50-59	2-20.9	24
3	106	Nick Hitchings	Worcester	Guest	2-21.6	Guest
4	158	Adrian Lewis	Aberdare	M35-49	2-28.3	20
5	160	Lawrence Worth	Pembrokeshire	M50-59	2-35.5	20

6	145	Evatt Cummings	Les Croupiers	M35-49	2-37.4	16
7	297	Charlie Northey	Brecon	M35-49	2-42.5	14
8	133	Barry Griffiths	Brecon	M50-59	2-45.6	16
9	152	Gordon Orme	Cardmarthen	M60+	2-58.6	24
10	144	Alan Perkins	Port Talbot	M60+	3-19.2	20
11	153	John Gardener	Pembrokeshire	M60+	3-20.1	16
12	143	John Davies	Port Talbot	M60+	3-39.2	14

Race 8 - 800m Men Guests

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	171	Gareth Knight	Newport	Senior	2-14.3	Guest
2	123	Matt Humphreys	Rhondda	U17	2-16.8	Guest
3	148	Matthew Verran	Cardiff	U17	2-18.1	Guest
4	102	Joel Smith	Cwmbran	U17	2-25.6	Guest
5	294	Brian Dias	Cardiff	Senior	2-29.0	Guest
6	170	Sam Jones	Parc Bryn Bach	Senior	2-33.6	Guest

Race 9 - 800m Women

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	157	Rebecca Hughes	Aberdare	U17	2-24.9	Guest
2	110	Carys Morgan	Llanelli	U23	2-26.3	Guest
3	159	Danielle Franklin	Llanelli	U20	2-27.1	Guest
4	112	Ffion Lewis	Cardiff	Senior	2-27.5	Guest
5	149	Georgia Cole	Cardiff	U17	2-33.8	Guest
6	168	Felicity Williams-Smith	Cardiff	U20	2-34.3	Guest
7	162	Anwen Roberts	Newport	U17	2-46.0	Guest
8	127	Angharad Price	Cardiff	Senior	3-03.6	Guest
9	292	Clare Davies	Brecon	W35-49	3-20.9	24
10	103	Eirian Arwyn	Les Croupiers	W60+	3-55.4	24
11	296	Tracey Newman	Les Croupiers	W35-49	4-02.3	20

Race 10 - 100m Men 35-49, 60+

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	154	Glyn Sutton	Newport	M60+	13.1	24
2	109	Paul Evans	Brecon	M35-49	13.5	24
3	140	Mark Saunders	Maldwyn Harriers	M35-49	13.6	20
4	107	Gavin Belcher	Newport	M35-49	13.7	16
5	297	Charlie Northey	Brecon	M35-49	16.4	14

Race 11 - 100m Men 50-59

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	113	Malcolm Medhurst	Newport	M50-59	13.8	24
2	300	Derek Osborne	Brecon	M50-59	14.1	20
3	160	Lawrence Worth	Pembrokeshire	M50-59	14.5	16
4	115	Tim Barratt	Pembrokeshire	M50-59	14.5	14
5	133	Barry Griffiths	Brecon	M50-59	15.5	12
6	131	Garry Jones	Port Talbot	M50-59	16.0	10

Race 12 - 100m Men 60+

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	150	Mel James	Port Talbot	M60+	16.0	20
2	144	Alan Perkins	Port Talbot	M60+	17.2	16
3	153	John Gardiner	Pembrokeshire	M60+	19.4	14
4	165	Mal Farnham	Les Croupiers	M60+	20.1	12
5	101	Phil Rees	Cardiff	M60+	20.6	10

Race 13 - 100m Men Guests

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	174	Jordan Draisey	Swansea	U17	11.6	Guest

2	298	Jamie Kaged	Newport	U20	11.8	Guest
3	120	Luca Contino	Cardiff	U15	12.3	Guest
4	151	Jamie Verran	Cardiff	U20	12.4	Guest
5	129	Alex Price	Rhondda	U20	12.9	Guest

Race 14 - 100m Women

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	166	Juliet Sidney	Lliswerry	W35-49	14.3	24
2	119	Ania Ciolek	Brecon	W35-49	14.5	20
3	167	Vicky Fear	Lliswerry	Guest	15.4	Guest
4	295	Clare Davies	Brecon	W35-49	16.8	16
5	103	Eirian Arwyn	Les Croupiers	W60+	19.8	24
6	130	Julie Driscoll	Brecon	W35-49	21.2	14

Race 15 - 3000m Men

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	121	Oliver Williams	Les Croupiers	Senior	9-15.1	Guest
2	169	Lee Aherne	Parc Bryn Bach	M35-49	9-41.2	24
3	138	Royston Whitehouse	Neath	M50-59	10-14.6	24
4	172	Peter Sowerby	Brecon	M50-59	10-40.3	20
5	170	Sam Jones	Parc Bryn Bach	Senior	10-43.3	Guest
6	158	Adrian Lewis	Aberdare	M35-49	10-47.1	20
7	141	David Coles	Les Croupiers	M50-59	10-49.5	16
8	106	Nick Hitchings	Worcester	Guest	10-59.0	Guest
9	145	Evatt Cummings	Les Croupiers	M35-49	11-41.8	16
10	135	Ian Wright	Islwyn	M50-59	11-44.5	14
11	128	Sean Price	Rhondda	M50-59	11-51.9	12
12	160	Lawrence Worth	Pembrokeshire	M50-59	12-05.7	10
13	126	Clive Osmond	Les Croupiers	M50-59	12-28.8	8

Race 16 - 3000m Men and Women

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	173	Richard Marks	Sarn Helen	M60+	10-51.7	24
2	139	Rachel Evans	Run 4 all	W35-49	11-31.4	24
3	152	Gordon Orme	Cardmarthen	M60+	12-11.4	20
4	156	Jenny Phillips	Llanelli	W35-49	12-17.9	20
5	153	John Gardener	Pembrokeshire	M60+	13-12.0	16
6	116	Barrie Roberts	Bournville	M60+	14-05.5	14
7	296	Tracey Newman	Les Croupiers	W35-49	15-16.3	16
8	103	Eirian Arwyn	Les Croupiers	W60+	15-16.4	24
9	144	Alan Perkins	Port Talbot	M60+	15-52.0	12
10	114	Ian Swanson	Port Talbot	M60+	15-54.0	10
11	143	John Davies	Port Talbot	M60+	15-54.1	8

Race 17 - 4 x 200m relay

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1			Cardiff		1-50.4	
2			Mixed		1-56.8	
3			Brecon		2-03.1	24
4			Mixed		2-11.9	
5			Port Talbot		2-24.6	20

FIELD

Women's Discus

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	110	Karen Llewelyn	Pembrokeshire	W50-59	22.48	24
2	130	Julie Driscoll	Brecon	W35-49	21.35	24
3	111	Cath Alford	Rhondda	W35-49	19.44	20

4	119	Ania Ciolek	Brecon	W35-49	17.01	16
5	295	Clare Davies	Brecon	W35-49	14.58	14
6	103	Eirian Arwyn	Les Croupiers	W60+	13.64	24

Men's Discus

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	161	Ian Bowles	Worcester	M60+	31.69	24
2	105	Dave Stokes	Deeside	M50-59	31.32	24
3	120	Luca Contino	Cardiff	U15	31.21	Guest
4	135	Hywel Port	Rhondda	M35-49	29.58	24
5	137	G Pugh	Rhondda	M50-59	28.44	20
6	136	R Dixon	Blaenau Gwent	M50-59	26.98	14
7	300	Derek Osborne	Brecon	M50-59	26.98	16
8	117	H Morgan	Pembrokeshire	M60+	26.85	20
9	143	John Davies	Port Talbot	M60+	22.30	16
10	108	John McFall	Brecon	M60+	21.31	14
11	133	Barry Griffiths	Brecon	M50-59	19.24	12
12	297	Charlie Northey	Brecon	M35-49	19.09	20
13	101	Phil Rees	Cardiff	M60+	18.09	12
14	144	Alan Perkins	Port Talbot	M60+	16.16	10
15	109	Paul Evans	Brecon	M35-49	12.63	16

Women's Javelin

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	132	C. Jones	Cardiff	U17	20.87	Guest
2	119	Ania Ciolek	Brecon	W35-49	18.12	24
3	130	Julie Driscoll	Brecon	W35-49	15.98	20
4	110	Karen Llewelyn	Pembrokeshire	W50-59	14.69	24
5	295	Clare Davies	Brecon	W35-49	13.89	16
6	111	Cath Alford	Rhondda	W35-49	12.06	14
7	103	Eirian Arwyn	Les Croupiers	W60+	10.07	24

Men's Javelin

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	297	Charlie Northey	Brecon	M35-49	34.47	24
2	135	Hywel Port	Rhondda	M35-49	32.12	20
3	136	R. Dixon	Blaenau Gwent	M50-59	29.71	24
4	143	John Davies	Port Talbot	M60+	28.43	24
5	105	Dave Stokes	Deeside	M50-59	27.01	20
6	300	Derek Osborne	Brecon	M50-59	26.31	16
7	165	Mal Farnham	Les Croupiers	M60+	23.36	20
8	137	G. Pugh	Rhondda	M50-59	21.18	14
9	133	Barry Griffiths	Brecon	M50-59	20.33	18
10	108	John McFall	Brecon	M60+	19.19	16
11	161	Ian Bowles	Worcester	M60+	18.34	14
12	144	Alan Perkins	Port Talbot	M60+	17.64	12
13	101	Phil Rees	Cardiff	M60+	11.21	10
14	109	Paul Evans	Brecon	M35-49	NT	0

Women's High Jump

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	103	Clare Davies	Brecon	W35-49	0.98	24
2	295	Eirian Arwyn	Les Croupiers	W60+	0.93	24

Men's High Jump

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	120	Luca Contino	Les Croupiers	U17	1.65	Guest
2	297	Charlie Northey	Brecon	M35-49	1.38	24
3	135	Hywel Port	Rhondda	M35-49	1.23	20

4	145	Evatt Cummings	Les Croupiers	M35-49	1.18	16
5	109	Paul Evans	Brecon	M35-49	1.13	14
6	133	Barry Griffiths	Brecon	M50-59	1.08	24
7	174	Ian Swanson	Port Talbot	M60+	1.08	24
8	101	Phil Rees	Cardiff	M60+	0.98	20

Women's Pole Vault

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	119	Ania Ciolek	Brecon	W35-49	2.04	24

Men's Pole Vault

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	300	Derek Osborne	Brecon	M50-59	2.70	24
2	105	Dave Stokes	Deeside	M50-59	2.24	20
3	122	Rhys Peters	Brecon	U15	2.14	Guest

Women's Long Jump

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	125	Sarah Rossiter	Forest of Dean	W35-49	4.51	Guest
2	119	Ania Ciolek	Brecon	W35-49	4.46	24
3	164	Mel Garland	Worcester	W50-59	3.98	24
4	295	Clare Davies	Brecon	W35-49	3.51	20
5	167	Vicky Fear	Lliswerry	Senior	3.45	Guest
6	130	Julie Driscoll	Brecon	W35-49	2.15	16
7	103	Eirian Arwyn	Les Croupiers	W60+	2.12	24

Men's Long Jump

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	300	Derek Osborne	Brecon	M50-59	4.81	24
2	107	Gavin Belcher	Newport	M35-49	4.26	24
3	109	Paul Evans	Brecon	M35-49	3.76	20
4	133	Barry Griffiths	Brecon	M50-59	3.52	20
5	105	Dave Stokes	Deeside	M50-59	3.43	16
6	297	Charlie Northey	Brecon	M35-49	3.23	16
7	108	John McFall	Brecon	M60+	2.66	24
8	101	Phil Rees	Cardiff	M60+	2.17	20