

Track & Field Meeting**Brecon 13th August 2014**

400m

Race 1

1	Sean	Price	Rhondda AC	57.6sec	M50
2	Alun	Jones	Les Croupiers	57.8sec	M35
3	Brett	Davis	Newport	59.4sec	M50
4	Mark	Saunders	Maldwyn	61.1sec	M35
5	Dale	Williams	Brecon	63.9sec	M35
6	Lawrence	Worth	Pembrokeshire	64.7sec	M50
7	Barry	Griffiths	Brecon	69.5sec	Guest
8	John	Eyre	Brecon	79.1sec	Guest

Race 2

1	Ian	Snow	Torrington	72.2sec	Guest
2	Mel	James	Port Talbot	73.69sec	M60
3	Gordan	Orme	Carmarthen	74.7sec	M60
4	Mick	Tabor	Les Croupiers	76.3sec	M60
5	Mike	Davies	Les Croupiers	76.8sec	M60
6	John	Gardener	Pembrokeshire	90.9sec	M60
7	Phil	Rees	Cardiff	112.2sec	M60

Race 3

1	Victoria	Belcher	Newport	62.8sec	Senior
2	Georgina	Cole		66.3sec	U17
3	Ellie	Jones	Newport	67.0sec	U20
4	Nicola	Pollock	Newport	69.3sec	U17
5	Helen	Davies	Brecon	71.3sec	U15

Race 4

1	Anna	Little	Worcester	71.4sec	F35
2	Juliet	Sidney	Llisbury	75.1sec	Guest
3	Sarah-Lynn	Thompson	Les Croupiers	80.8sec	F35
4	Laura	Grey	Fairwater	85.0sec	F50
5	Eirian	Arwyn	Les Croupiers	112.5sec	F60

Race 5

1	H	Abdi	Cardiff	51.4sec	U17
2	Rhodri	Buggest	Brecon	55.4sec	Senior
3	Katherine	Camp	New Zealand	56.3sec	Senior
4	Jack	Devlin	Brecon	59.3sec	Senior
5	Gareth	Knight	Newport	59.9sec	Senior
6	Sam	Jessop	Brecon	61.0sec	U17
7	Adam	Grey	Fairwater	62.9sec	U15
8	Matthew	V	Cardiff	63.0sec	U17

200m

Race 1

1	Mel	James	Port Talbot	32.4sec	M60
2	Alan	Perkins	Port Talbot	32.9sec	M60
3	Mike	Davies	Les Croupiers	33.7sec	M60
4	Mike	Tabor	Les Croupiers	34.2sec	M60
5	John	Gardener	Pembrokeshire	41.1sec	M35
6	Phil	Rees	Cardiff	42.2sec	M60

Race 2

1	Alun	Jones	Les Croupiers	26.7sec	M35
2	Brett	Davis	Newport	27.3sec	M50
3	Dale	Williams	Brecon	28.3sec	M35
4	Paul	Evans	Brecon	28.8sec	M35
5	Charlie	Northley	Brecon	29.4sec	M35
6	Huw	Spicket	Rhondda	30.4sec	M35

Race 3

1	Keith	Powell	Newport	27.8sec	M50
2	Derek	Osborne	Brecon	28.4sec	M50
3	Lawrence	Worthy	Pembrokeshire	29.3sec	M50
4	Duncan	Steward	Rhondda	29.9sec	M50
5	Barry	Griffiths	Brecon	30.3sec	M50

Race 4

1	Ben	McEwan	Newport	24.6sec	Senior
2	Rhodri	Buggest	Brecon	25.2sec	Senior
3				25.3sec	
4	Rhys	Roberts	Bridgend	25.3sec	U17
5	Alex	Price	Rhondda	26.3sec	U17
6	Gareth	Knight	Newport	26.8sec	Senior
7	Lewis	Barrington	Brecon	28.2sec	U15

Race 5

1	Anna	Little	Worcester	30.8sec	F35
2	Mel	Garland	Worcester	30.8sec	F50
3	Juliet	Sidney	Lliswerry	32.7sec	Guest
4	Angela	Sorin	Forest of Dean	33.1sec	Guest
5	Sarah-Lyn	Thompson	Les Croupiers	33.8sec	F35
6	Laura	Grey	Fairwater	37.0sec	F50
7	Caroline	Frampton	Brecon	38.3sec	Guest
8	Eirian	Arwyn	Les Croupiers	48.0sec	F60

1500m

Race 1

1	Anwen	Roberts	Newport	5.37.1sec	U15
2	Angela	Jones	Fairwater	5.38.5sec	F35
3	Madeline	Baker	Newport	5.46.5sec	U20
4	Angharad	Price	Cardiff	6.01.8sec	Senior
5	Bev	Tucker	Brecon	6.06.3sec	Guest
6	Megan	Johnston	Brecon	6.06.8sec	U17
7	Tracey	Newman	Les Croupiers	7.55.7sec	F35
8	Eirian	Arwyn	Les Croupiers	8.06.8sec	F60

Race 2

1	Alex	Price	Rhondda	4.28.8sec	U17
2	Austin	Davies	Brecon	4.29.4sec	M35
3	Mukhtar	Farham	Cardiff	4.31.1sec	Guest
4	Matthew	Gurmin	Swansea	4.31.4sec	M35
5	Jack	Smith	Cardiff	4.34.4sec	U17
6	Alun	Jones	Les Croupiers	4.57.0sec	M35
7	Nick	Hitching	Worcester	4.58.4sec	Guest
8	Charlie	Northey	Brecon	5.02.9sec	M35
9	Brian	Dias	Cardiff	5.03.6sec	Senior
10	Dale	Williams	Brecon	5.11.5sec	M35
11	Lawrence	Worth	Pembrokeshire	5.29.7sec	M50
12	Gordan	Orme	Carmarthen	5.43.7sec	M60
13	Mick	Tabor	Les Croupiers	5.47.5sec	M60
14	Barry	Griffiths	Brecon	5.52.2sec	M50
15	Mile	Davies	Les Croupiers	5.52.4sec	M60
16	John	Gardiner	Pembrokeshire	6.27.9sec	M60

3000m

1	Austin	Davies	Brecon	9.57.1sec	M35
2	Claire	Beatty	Les Croupiers	10.58.1sec	F35
3	Jack	Smith	Cardiff	10.58.8sec	U17
4	Brychan	Prys-Davies	Brecon	10.59.9sec	U15
5	Brian	Dias	Cardiff	11.03.5sec	Senior
6	Nick	Hitching	Worcester	11.05.6sec	Guest
7	Alex	Price	Rhondda	11.11.3sec	U17
8	Alun	Jones	Les Croupiers	11.12.1sec	M35
9	Arun	Jones	Cwmbran	11.39.1sec	U15
10	Gordan	Orme	Carmarthen	11.53.3sec	M60
11	Evan	Price-Davies	Brecon	11.53.7sec	U15
12	Mick	Tabor	Les Croupiers	11.57.7sec	M60
13	Angela	Jones	Fairwater	11.59.1sec	F35
14	Lawrence	Worth	Pembrokeshire	12.07.9sec	M50
15	Ian	Snow	Torrington	12.57.7sec	Guest
16	John	Gardiner	Pembrokeshire	13.14.6sec	M60
17	Alan	Perkins	Port Talbot	13.49.0sec	M60
18	John	Eyre	Brecon	13.57.5sec	Guest

19	Caroline	Frampton	Brecon	15.10.1sec	Guest
20	Tracey	Newman	Les Croupiers	16.37.3sec	F35
21	Eirian	Arwyn	Les Croupiers	17.08.2sec	F60

Relay

1			52.8sec
2	Brecon		54.5sec
3			54.8sec
4			56.5sec
5			58.2sec
6			66.1sec
7	Les Croupiers Men		66.9sec
8	Les Croupiers Ladies		79.1sec

Long Jump

1	Mel	Garland	Worcester	3.93m	F50
2	Sarah-Lyn	Thompson	Les Croupiers	3.58m	F35
3	Claire	Davies	Brecon	3.21m	F35
4	Juliet	Sidney	Lliswerry	2.78m	Guest
5	Juliet	Driscoll	Brecon	2.35m	F35
6	Eirian	Arwyn	Les Croupiers	2.23m	F60
7	Cath	Alford	Rhondda	2.10m	F35
8	Helen	Coles	Rhondda	1.42m	F60

1	Rhys	Roberts	Bridgend	5.12m	U17
2	Rhodri	Bogguse	Brecon	4.82m	U20
3	Derek	Osborne	Brecon	4.79m	M50
4	Tyrone	Fowler	Newport	4.74m	Senior
5	Jack	Devlin	Brecon	4.68m	Senior
6	Mark	Saunders	Maldwyn	4.40m	M35
7	Ben	McEwan	Newport	4.33m	Senior
8	Alun	Jones	Les Croupiers	4.08m	M35
9	Lewis	Ballington	Brecon	4.06m	U15
10	Duncan	Steward	Rhondda	3.97m	M50
11	Charlie	Northey	Brecon	3.92m	M35
12	Ben	Griffiths	Brecon	3.60m	M50
13	John	Eyre	Brecon	3.45m	M50
14	Evan	Price-Davies	Brecon	3.41m	U15
15	Dave	Stokes	Deeside	3.36m	M50
16	Paul	Evans	Brecon	3.09m	M35
17	Mike	Davies	Les Croupiers	3.00m	M60
18	Phil	Rees	Cardiff	2.68m	M60

Javelin

1	Charlie	Northey	Brecon	36.45m	M35
2	Rhodri	Bogguse	Brecon	34.94m	Senior
3	Duncan	Steward	Rhondda	32.58m	M50
4	Hywel	Port	Rhondda	32.25m	M35
5	Dave	Stokes	Deeside	28.57m	M50
6	Gareth	Protheroe	Brecon	28.51m	M60
7	Derek	Osborne	Brecon	27.88m	M50
8	Richard	Dixon	B. Gwent	27.30m	Guest
9	Michael	Drew		27.12m	Guest
10	John	McFall	Brecon	20.95m	M60
11	Glyn	Pugh	Rhondda	19.79m	M50
12	Mike	Davies	Les Croupiers	17.90m	M60
13	Paul	Evans	Brecon	15.59m	M35
14	Phil	Ress	Cardiff	15.22m	M60
15	Evan	Prys-Davies	Brecon	12.78m	U15
16	Barry	Griffiths	Brecon	9.45m	M50

1	Phoebe	Brown	Brecon	33.67m	U15
2	Rachel	Jones	Swansea	28.58m	U15
3	Alyson	Hourihan	Cardiff	25.55m	F50
4	Lisa	Heywood	Rhondda	21.81m	F35
5	Clare	Prys-Davies	Brecon	18.15m	F35
6	Karen	Llewellyn	Pembrokeshire	17.60m	F50
7	Julie	Driscoll	Brecon	15.42m	F35
8	Nicola	Johnston	Brecon	14.80m	Guest
9	Cath	Alford	Rhondda	13.90m	F35
10	Helen	Cole	Rhondda	13.73m	F60
11	Juliet	Sidney	Brecon	11.55m	Guest
12	Megan	Johnston	Brecon	9.39m	U17
13	Eirian	Arwyn	Les Croupiers	8.62m	F60

Discus

1	Alyson	Hourihan	Cardiff	30.85m	F50
2	Karen	Llewellyn	Pembrokeshire	26.09m	F50
3	Cath	Alford	Rhondda	24.48m	F35
4	Julie	Driscoll	Brecon	24.27m	F35
5	Rachel	Jones	Swansea	24.18m	U15
6	Lisa	Heywood	Rhondda	22.92m	F35
7	Mel	Garland	Worcester	19.68m	F50
8	Clare	Prys-Davies	Brecon	16.85m	F35
9	Nicola	Johnston	Brecon	16.54m	Guest
10	Juliet	Sidney	Llisbury	15.56m	Guest
11	Eirian	Arwyn	Les Croupiers	15.08m	F60

12	Megan	Johnstone	Brecon	13.44m	U17
13	Helen	Cole	Rhondda	11.85m	F60
1	Dave	Stokes	Deeside	33.95m	M50
2	Jacob	Williams	Brecon	33.88m	Senior
3	Brynmor	Clements	Swansea	32.32m	U15
4	Richard	Dixon	B Gwent	31.52m	Guest
5	Glyn	Pugh	Rhondda	31.45m	M50
6	Hywel	Port	Rhondda	30.30m	M35
7	Derek	Osborne	Brecon	30.08m	M50
8	Gareth	Protheroe	Brecon	29.49m	M60
9	Duncan	Steward	Rhondda	27.18m	M50
10	Ian	Houte	Brecon	25.84m	Guest
11	Michael	Drew		25.30m	Guest
12	Phil	James	Newport	22.82m	M60
13	John	Davies	Port Talbot	22.67m	M60
14	John	McFall	Brecon	22.06m	M60
15	Alun	Jones	Les Croupiers	21.92m	M35
16	Phil	Rees	Cardiff	19.15m	M60
17	Charlie	Northey	Brecon	18.48m	M35
18	Alan	Perkins	Port Talbot	15.39m	M60
19	Mark	Saunders	Maldwyn	15.23m	M35
20	Mal	Farnham	Les Croupiers	14.28m	M60
21	Mike	Davies	Les Croupiers	14.15m	M60
22	Paul	Evans	Brecon	13.30m	M35

Pole Vault

1	Keith	Powell	Newport	2.91m	M50
2	Derek	Osborne	Brecon	2.81m	M50
3	Dave	Stokes	Deeside	2.11m	M50
4	Brychan	Prys-Davies	Brecon	1.31m	U15
4	Lewis	Ballington	Brecon	1.31m	U15