

Welsh Masters Athletics Association League Match, 28 May 2015
Jenner Park, Barry

TRACK

Race 1 - Women 1500m

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	113	Cerys Morgan	Llanelli	U/23	5-16.1	Guest
2	98	Claire Beatty	Les Croupiers	W35-49	5-21.3	24
3	119	Jenny Phillips	Llanelli	W35-49	5-37.3	20
4	109	Grace Wheeler	Rhondda	U/17	5-38.2	Guest
5	175	Sarah Lauder	Lliswerry	W35-49	6-04.7	16
6	2	Eirian Arwyn	Les Croupiers	W60+	7-32.5	24

Race 2 - Men 1500m

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	111	Brett Davis	Newport	M50-59	4-58.0	24
2	143	James Pearce	Lliswerry	M35-49	5-02.7	Guest
3	51	Charlie Northey	Brecon	M35-49	5-05.2	24
4	170	Laurence Worth	Pembrokeshire	M50-59	5-06.1	20
5	173	Alec Williams	Pembrokeshire	M35-49	5-08.5	20
6	122	Alan Mason	Les Croupiers	M50-59	5-57.1	16

Race 3 - Men 1500m

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	134	Matthew Parkes	Les Croupiers	Senior	4-44.0	Guest
2	123	Gareth Knight	Newport	Senior	4-56.2	Guest
3	174	Richard Marks	Sarn Helen	M60+	5-06.2	24
4	29	Brian Dias	Cardiff	Senior	5-09.5	Guest
5	110	Ieuan Davies	Rhondda	U/17	5-13.9	Guest
6	96	Howard Kent	Les Croupiers	M60+	5-30.9	20
7	172	Gordon Orme	Carmarthen	M60+	5-57.3	16
8	171	John Gardiner	Pembrokeshire	M60+	6-32.2	14

Race 4 - Women 200m

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	84	Sam Gamble	Swansea	Senior	27.3	Guest
2	156	Ania Ciolek	Brecon	W35-49	28.8	24
3	116	Juliet Sidney	Lliswerry	W35-49	31.5	20
4	129	Nerys Hurford	Outdoor Fitness	W35-49	31.9	16

Race 5 - Women 200m

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	177	Mel Garland	Worcester	W50-59	32.2	24
2	189	Kate Lerwill	Newport	W35-49	33.4	14
3	2	Eirian Arwyn	Les Croupiers	W60+	41.6	24
4	149	Dorothy Fraser	Lincoln	W60+	42.8	20

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Race 6 - Women 200m

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	135	Elliza Hill	Cardiff	U/15	27.0	Guest
2	136	Lily Gaskin	Cardiff	U/15	28.1	Guest
3	81	Seren Denham	Rhondda	U/15	29.8	Guest
4	124	Aimee Ferguson	Brecon	Senior	33.1	Guest
5	164	Rhian Hall	U/A	W35-49	37.8	Guest

Race 7 - Women 200m

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	139	Danielle Franklin	Llanelli	U/20	28.3	Guest
2	155	Lisa Scarfi	Newport	U/15	29.4	Guest
3	153	Nicole Pollock	Newport	U/17	29.8	Guest
4	167	Vicky Fear	Lliswerry	Senior	33.6	Guest
5	178	Elinor Phillips	Lliswerry	Senior	40.3	Guest

Race 8 - Men 200m

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	176	Simon Gill	Lliswerry	M35-49	28.1	14
2	173	Alec Williams	Pembrokeshire	M35-49	28.3	12
3	143	James Pearce	Lliswerry	M35-49	30.3	Guest
4	117	Neil Sidney	Lliswerry	M35-49	33.2	Guest
5	137	Rory McKerlich	Cardiff	M35-49	37.1	6

Race 9 - Men 200m

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	165	James Morgan	Newport	M35-49	26.0	24
2	104	Stuart Pearce	Newport	M35-49	26.4	20
3	128	Gavin Belcher	Newport	M35-49	27.6	16
4	88	Paul Evans	Brecon	M35-49	28.8	10
5	51	Charlie Northey	Brecon	M35-49	30.3	8

Race 10 - Men 200m

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	107	Glyn Sutton	Newport	M60+	27.8	24
2	101	Malcolm Medhurst	Newport	M50-59	28.0	24
3	105	Duncan Steward	Rhondda	M50-59	32.3	12
4	181	Desmond Jones	Lliswerry	M35-49	32.8	Guest

Race 11 - Men 200m

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	111	Brett Davis	Newport	M50-59	28.3	20
2	126	Derek Osborne	Brecon	M50-59	28.8	16
3	170	Lawrence Worth	Pembrokeshire	M50-59	29.4	14
4	100	Garry Jones	Port Talbot	M50-59	33.3	10

Race 12 - Men 200m

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	163	John Watkins	Newport	M60+	30.3	20
2	180	Brian Williamson	Rhondda	M60+	31.3	16
3	141	Mel James	Port Talbot	M60+	33.1	14

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4	146	Alan Perkins	Port Talbot	M60+	34.5	12
5	183	David Proffitt	Lliswerry	M60+	35.5	10
6	171	John Gardiner	Pembrokeshire	M60+	43.1	8

Race 13 - Men 200m

Position	Bib	Athlete	Club	Age Group	Performance	Points
1	157	Ben McEwan	Newport	Senior	25.3	Guest
2	115	Joe Bushell	Cardiff	U/23	26.5	Guest
3	154	Tomos Davey	Newport	U/17	26.9	Guest
4	84	Sam Gamble	Swansea	Senior	27.3	Guest

Race 14 - Men 200m

Position	Bib	Athlete	Club	Age Group	Performance	Points
1	103	Carl McEwan	Newport	Senior	24.0	Guest
2	160	Ashley Jones	U/A	U/23	24.1	Guest
3	142	Jamie Verran	Cardiff	U/20	25.0	Guest
4	108	Harri Wheeler-Sexton	Rhondda	U/17	26.0	Guest

Race 15 - 3000m

Position	Bib	Athlete	Club	Age Group	Performance	Points
1	174	Richard Marks	Sarn Helen	M60+	11-28.8	24
2	98	Claire Beatty	Les Croupiers	W35-49	11-29.4	24
3	96	Howard Kent	Les Croupiers	M60+	11-47.5	20
4	172	Gordon Orme	Carmarthen	M60+	12-28.4	16
5	183	David Proffitt	Lliswerry	M60+	12-49.3	14
6	171	John Gardener	Pembrokeshire	M60+	13-30.4	10
7	190	Karen Chadwell	Les Croupiers	W35-49	14-36.8	Guest
8	2	Eirian Arwyn	Les Croupiers	W60+	15-19.0	24
9	112	Ian Swanson	Port Talbot	M60+	15-31.6	8
10	145	Amanda Thompson	Les Croupiers	W50-59	15-46.6	Guest
11	187	Tracey Newman	Les Croupiers	W35-49	15-56.7	20

Race 16 - 3000m

Position	Bib	Athlete	Club	Age Group	Performance	Points
1	186	Martyn Williams	Les Croupiers	M50-59	10-20.3	24
2	150	Peter Sowerby	Brecon	M50-59	10-47.4	20
3	173	Alec Williams	Pembrokeshire	M35-49	11-13.3	24
4	170	Lawrence Worth	Pembrokeshire	M50-59	11-25.7	14
5	114	Kevin Jones	Les Croupiers	M35-49	11-49.4	20
6	102	Paul Young	Newport	M35-49	12-04.5	Guest
7	182	Clive Osmond	Les Croupiers	M50-59	12-32.6	12
8	163	John Watkins	Newport	M60+	13-21.3	12

Race 17 - Women 100m

Position	Bib	Athlete	Club	Age Group	Performance	Points
1	179	Nerys Hurford	Outdoor Fitness	W35-49	14.9	20
2	177	Mel Garland	Worcester	W50-59	15.1	24
3	189	Kate Lerwill	Newport	W35-49	15.7	14
4	158	Clare Davies	Brecon	W35-49	17.0	12
5	130	Sue Collins	Rhondda	W35-49	17.5	10
6	2	Eirian Arwyn	Les Croupiers	W60+	19.3	24

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7	149	Dorothy Fraser	Lincoln	W60+	20.6	20
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Race 18 - Women 100m

Position	Bib	Athlete	Club	Age Group	Performance	Points
1	84	Sam Gamble	Swansea	Senior	13.4	Guest
2	185	Sophie Roberts	Swansea	U/23	13.7	Guest
3	156	Ania Ciolek	Brecon	W35-49	13.8	24
4	139	Danielle Franklin	Llanelli	U/20	14.3	Guest
5	116	Juliet Sidney	Lliswerry	W35-49	15.1	16
6	167	Vicky Fear	Lliswerry	Senior	15.4	Guest
7	124	Aimee Ferguson	Brecon	Senior	15.9	Guest

Race 19 - Senior Women/U17 100m

Position	Bib	Athlete	Club	Age Group	Performance	Points
1	136	Lily Gaskin	Cardiff	U/15	13.8	Guest
2	184	Emma Roberts	Cardiff	Senior	14.1	Guest
3	153	Nicole Pollock	Newport	U/17	14.3	Guest
4	140	Rachel Wassermann	Llanelli	U/17	14.6	Guest

Race 20 - Girls 100m

Position	Bib	Athlete	Club	Age Group	Performance	Points
1	135	Elliza Hill	Cardiff	U/15	13.3	Guest
2	81	Seren Denham	Rhondda	U/15	13.8	Guest
3	155	Lisa Scarfi	Newport	U/15	14.3	Guest
4	125	Anais Rowlands	Cardiff	U/15	14.4	Guest

Race 21 - Men 100m

Position	Bib	Athlete	Club	Age Group	Performance	Points
1	104	Stuart Pearce	Newport	M35-49	12.8	tbc
2	165	James Morgan	Newport	M35-49	12.9	tbc
3	107	Glyn Sutton	Newport	M60+	13.3	24
4	128	Gavin Belcher	Newport	M35-49	13.7	tbc
5	173	Alec Williams	Pembrokeshire	M35-49	13.9	tbc

Race 22 - Men 100m

Position	Bib	Athlete	Club	Age Group	Performance	Points
1	88	Paul Evans	Brecon	M35-49	13.8	tbc
2	176	Simon Gill	Lliswerry	M35-49	14.1	tbc
3	188	Lee Stoneham	U/A	M35-49	14.5	Guest
4	51	Charlie Northey	Brecon	M35-49	15.0	tbc
5	143	James Pearce	Lliswerry	M35-49	15.0	Guest
6	161	Sabrina Francis	U/A	W35-49	16.0	Guest

Race 23 - Men 100m

Position	Bib	Athlete	Club	Age Group	Performance	Points
1	170	Lawrence Worth	Pembrokeshire	M50-59	14.1	24
2	126	Derek Osborne	Brecon	M50-60	14.3	20
3	121	Barry Griffiths	Brecon	M50-61	14.8	16
4	100	Garry Jones	Port Talbot	M50-62	16.6	14

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Race 24 - Men 100m

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	163	John Watkins	Newport	M60+	14.5	Guest
2	180	Brian Williamson	Rhondda	M60+	15.1	20
3	141	Mel James	Port Talbot	M60+	15.6	16
4	146	Alan Perkins	Port Talbot	M60+	16.1	14
5	171	John Gardiner	Pembrokeshire	M60+	19.8	12
6	120	Mal Farnham	Les Croupiers	M60+	20.3	10

Race 25 - 4x400m relay

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	115		Guest			Guest
2	111		Newport			tbc
3	121		Brecon			tbc
4	176		Llisbury			Guest
5	29		Cardiff			Guest
6	141		Port Talbot			tbc

FIELD

1 - Women Javelin

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	140	Rachel Wassermann	Llanelli	U/17	30.99	Guest
2	99	Ceri Jones	Cardiff	U/17	19.54	Guest
3	125	Anais Rowlands	Cardiff	U/15	17.03	Guest
4	118	Karen Llewelyn	Pembrokeshire	W50-59	16.87	24
5	158	Clare Davies	Brecon	W35-49	16.64	24
6	130	Sue Collins	Rhondda	W35-49	14.79	20
7	161	Sabrina Francis	U/A	W35-49	13.05	Guest
8	34	Cath Alford	Rhondda	W35-49	12.15	16
9	164	Rhian Hall	U/A	W35-49	11.65	Guest
10	2	Eirian Arwyn	Les Croupiers	W60+	7.64	24

2 - Men Shot

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	108	Harri Wheeler-Sexton	Rhondda	U/17	10.94	Guest
2	129	Glyn Pugh	Rhondda	M50-59	10.16	24
3	168	Ian Bowles	Worcester	M60+	9.54	24
4	132	Dave Stokes	Deeside	M50-59	9.31	20
5	105	Duncan Steward	Rhondda	M50-59	9.14	16
6	148	Mike Drew	Rhondda	M50-59	8.64	14
7	126	Derek Osborne	Brecon	M50-59	8.40	12
8	159	Glyn Price	Swansea	M35-49	8.32	24
9	106	Richard Dixon	Blaenau Gwent	M50-59	8.30	10
10	85	John McFall	Brecon	M60+	8.23	20
11	121	Barry Griffiths	Brecon	M50-59	7.44	8
12	163	John Watkins	Newport	M60+	7.39	16
13	51	Charlie Northey	Brecon	M35-49	7.30	20
14	5	Brian Webb	Rhondda	M60+	7.13	14
15	14	Phil Rees	Cardiff	M60+	6.99	12

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16	120	Mal Farnham	Les Croupiers	M60+	6.91	10
17	127	Jason Elworthy	Barry	M35-49	6.39	16
18	146	Alan Perkins	Port Talbot	M60+	6.24	8
19	131	Tommy Evans	Rhondda	U/17	6.21	Guest
20	88	Paul Evans	Brecon	M35-49	6.01	14
21	138	Daniel McKerlich	Cardiff	U/17	5.54	Guest

3 - Women High Jump

Position	Bib	Athlete	Club	Age Group	Performance	Points
1	156	Ania Ciolek	Brecon	W35-49	1.20	24
2	158	Clare Davies	Brecon	W35-49	1.15	20
3	162	Sarah Francis	Llisbury	W35-49	1.05	Guest
4	164	Rhian Hall	U/A	W35-49	1.05	Guest
5	161	Sabrina Francis	U/A	W35-49	1.05	Guest
7	151	Karen Penny	Llisbury	W35-49	1.00	Guest
8	2	Eirian Arwyn	Les Croupiers	W60+	0.95	24
	99	Ceri Jones	Cardiff	U/17	NJ	
	116	Juliet Sidney	Llisbury	W35-49	NJ	

4 - Men High Jump

Position	Bib	Athlete	Club	Age Group	Performance	Points
1	159	Glyn Price	Swansea	M35-49	1.40	24
2	126	Derek Osborne	Brecon	M50-59	1.35	24
3	121	Barry Griffiths	Brecon	M50-59	1.20	18
4	132	Dave Stokes	Deeside	M50-59	1.20	18
5	144	Michael Mullins	Rhondda	M50-59	1.20	14
6	181	Desmond Jones	Llisbury	M35-49	1.20	Guest
7	88	Paul Evans	Brecon	M35-49	1.15	20
8	129	Glyn Pugh	Rhondda	M50-59	1.15	12
9	163	John Watkins	Newport	M60+	1.10	22
10	152	John Howe	Rhondda	M60+	1.10	20
11	112	Ian Swanson	Port Talbot	M60+	1.10	16
12	14	Phil Rees	Cardiff	M60+	0.90	14
	180	Brian Williamson	Rhondda	M60+	NJ	

5 - Women Shot

Position	Bib	Athlete	Club	Age Group	Performance	Points
1	118	Karen Llewelyn	Pembrokeshire	W50-59	8.89	24
2	158	Clare Davies	Brecon	W35-49	8.86	24
3	34	Cath Alford	Rhondda	W35-49	8.01	20
4	99	Ceri Jones	Cardiff	U/17	7.13	Guest
5	140	Rachel Wassermann	Llanelli	U/17	7.06	Guest
6	2	Eirian Arwyn	Les Croupiers	W60+	6.25	24
7	116	Juliet Sidney	Llisbury	W35-49	5.87	16
8	130	Sue Collins	Rhondda	W35-49	5.50	14
9	162	Sarah Francis	Llisbury	W35-49	5.19	Guest
10	151	Karen Penny	Llisbury	W35-49	5.10	Guest
11	164	Rhian Hall	U/A	W35-49	5.09	Guest
12	161	Sabrina Francis	U/A	W35-49	2.95	Guest
	124	Aimee Ferguson	Brecon	Senior	NT	

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6 - Men Javelin

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	51	Charlie Northey	Brecon	M35-49	35.64	24
2	148	Mike Drew	Rhondda	M50-59	28.04	24
3	132	Dave Stokes	Deeside	M50-59	26.36	20
4	105	Duncan Steward	Rhondda	M50-59	26.33	16
5	126	Derek Osborne	Brecon	M50-59	26.15	14
6	147	John Davies	Port Talbot	M60+	25.26	24
7	106	Richard Dixon	Blaenau Gwent	M50-59	24.41	12
8	157	John Howe	Rhondda	M60+	20.95	20
9	129	Glyn Pugh	Rhondda	M50-59	20.71	10
10	131	Tommy Evans	Rhondda	U/17	20.34	Guest
11	121	Barry Griffiths	Brecon	M50-59	19.42	8
12	163	John Watkins	Newport	M60+	19.39	16
13	144	Mike Mullins	Rhondda	M50-59	19.24	6
14	85	John McFall	Brecon	M60+	17.75	14
15	5	Brian Webb	Rhondda	M60+	17.57	12
16	168	Ian Bowles	Worcester	M60+	17.42	10
17	146	Alan Perkins	Port Talbot	M60+	16.89	8
18	120	Mal Farnham	Les Croupiers	M60+	16.76	6
19	58	Paul Evans	Brecon	M35-49	16.50	20
20	14	Phil Rees	Cardiff	M60+	14.33	4
21	127	Jason Elworthy	Barry	M35-49	12.92	16
22	138	Daniel McKerlich	Cardiff	U/17	10.46	Guest
	108	Harri Wheeler-Sexton	Rhondda	U/17		

7 - Women Long Jump

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	156	Ania Ciolek	Brecon	W35-49	4.52	24
2	177	Mel Garland	Worcester	W50-59	3.98	24
3	155	Lisa Scarfi	Newport	U/17	3.94	Guest
4	119	Jenny Phillips	Llanelli	W35-49	3.69	20
5	189	Kate Lerwill	Newport	W35-49	3.39	16
6	167	Vicky Fear	Lliswerry	Senior	3.36	Guest
7	158	Clare Davies	Brecon	W35-49	3.28	14
8	153	Nicole Pollock	Newport	U/17	3.27	Guest
9	2	Eirian Arwyn	Les Croupiers	W60+	2.04	24

8 - Men Long Jump

<i>Position</i>	<i>Bib</i>	<i>Athlete</i>	<i>Club</i>	<i>Age Group</i>	<i>Performance</i>	<i>Points</i>
1	126	Derek Osborne	Brecon	M50-59	4.58	24
2	128	Gavin Belcher	Newport	M35-49	4.38	24
3	154	Tomos Davey	Newport	U/17	4.32	Guest
4	188	Lee Stoneham	U/A	M35-49	3.91	Guest
5	180	Brian Williamson	Rhondda	M60+	3.77	24
6	105	Duncan Steward	Rhondda	M50-59	3.63	20
7	121	Barry Griffiths	Brecon	M50-59	3.52	14
8	132	Dave Stokes	Deeside	M50-59	3.35	16
9	100	Garry Jones	Port Talbot	M50-59	3.33	12
10	163	John Watkins	Newport	M60+	3.29	20

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11	88 Paul Evans	Brecon	M35-49	2.98	20
12	14 Phil Rees	Cardiff	M60+	2.35	16