

Welsh Masters Athletic Association Minutes for Meeting held at  
Leckwith, Cardiff on 1<sup>st</sup> October 2014

Present	Mel James Rachel Matthews Eirian Arwyn Cath Alford Sue Hooper Rob Hooper	Chairman Min. sec
Apologies	Derek Osborne John Collins John Davies	

1.	Opening address	The chairman thanked everyone for attending.	
2.	Acceptance of minutes	The previous meeting's minutes were accepted as a true record. Proposer: Mel James Seconded: Cath Alford	
3.	Matters arising	<p><b><u>Medals</u></b> <b>Action</b> – Mel will count up what medals we have left and let the committee know. There will almost certainly be enough for the Old Father Time 5 Mile champs and next year's outdoor track and field champs so no need to place a new order until the end of next year.</p> <p><b><u>Numbers</u></b> <b>Action</b> – Mel place order for numbers for next year.</p>	<p>Mel</p> <p>Mel</p>
4.	Reports	<p><b><u>Chairman's report</u></b></p> <p>Mel thanked everyone for their hard work this year especially the track and field sub-committee for all that they did in the summer. Mel noted that we had a great result in the outdoor inter-regional competition this year with both the men and women's team coming 3<sup>rd</sup>. Thank you to Rob for his help in selecting the men's team. Roger also did a fine job again with the women's team. There was a championship record for the over 70s men in the relay and a few individual wins. There was a fine tally of 24 gold medals for WMAA athletes at the BMAF championships.</p> <p>Mel reported on the recent BMAF executive meeting:</p> <ul style="list-style-type: none"> <li>- The European Veterans Athletics Association (EVAA) has had a name change and is now called European Masters Athletics (EMA).</li> <li>- The BMAF have abandoned the proposed 1 club rule. Action – Sue put short article on the website to publicise this.</li> <li>- Mel reported that the bid by Wales / Cardiff to host the World Masters was not fruitful and that London have won.</li> <li>- There have been proposals to change the BMAF kit, this is ongoing and will be decided at the next meeting. Mel's preference is to keep the existing one, an opinion held by quite a few of the other BMAF delegates.</li> </ul>	Sue

		<p><b><u>Membership secretary's report</u></b></p> <p>As of September 2014 we have 357 paid up members, there are 95 non paid members from 2013. I would think that there will be more joiners prior to this year's cross country international.</p> <p><b><u>Treasurer's report</u></b></p> <p>Rob ran through the accounts covering the period from 30 Dec 13 to 20 Sept 14, bank statements 54-61 plus accruals. With regards to the outdoor track and field league and the outdoor champs the association broke even. It was disappointing that we did not have clarity with regards to the intended 50/50 contribution towards costs of the outdoor champs between WMAA and SWVAC. We must take this as a lesson learnt and ensure we contract in writing for any future joint events. In summary, the association's financial position remains healthy. The balance is up from last year and given that the WMAA hosted the cross country international last year this is good to report.</p>	
5.	Correspondence	<p>Ruben Woodford contacted Mel regarding starting a North Wales masters association and that he is interested in creating a North Wales Masters league.</p> <p>Roger Garland emailed through the results from the BMAF heptathlon champs on 20/21 Sept. It was a great result for Amanda Wale (W40) and Mel Garland (W50) who both got Gold medals.</p> <p>John Gardiner emailed Rachel to advise he is resigning from the role of Road rankings officer.</p> <p>A WMAA member emailed Rachel to express concern re. Cardiff half marathon entry and why WMAA membership does not constitute WA membership. Rachel advised that this is the case and he would need to be registered with WA directly through a first claim club to be entitled to an affiliated entry.</p> <p>Another similar query was received from a non-member looking to get involved in masters athletics and asking whether they would need to have a first claim club to compete. Rachel advised that they can become a member of the WMAA and compete in WMAA league events however for WA and BMAF events they would require WA affiliation.</p> <p>There is still the ongoing query regarding the XC international commemorative top which has been paid for by an athlete (Julie Butler) but not delivered. Rachel replied to James Casserly that we would look into it and copied in Mel. <b>Action</b> – Mel make further enquiries with contacts.</p>	Mel

6.	Cross Country	<p><b><u>British and Irish Cross Country International</u></b></p> <p>Bernie Jones has agreed to come back as men's team manager and Ali Whitlaw as women's team manager. They are hoping to hold the selection meeting on 19 October.</p> <p>We will need to get kit ordered for the athletes. <b>Action</b> – Cath volunteered to ask for samples from Treforest shop. Plain red with WMAA badge / logo. Rather than order large quantities we would like to order as and when they are needed, suggestion of around 20 at a time if possible.</p>	Cath
7.	Track and Field	<p><b><u>Indoor championships</u></b></p> <p>Sue has spoken to Darren Williams regarding the Indoor Championships and these will take place as per last year within the WA second and third grand prix meetings at NIAC in Cardiff. Sue has kindly agreed to process the paper entries. The dates and events are:  Sun 11 Jan – 200m/800m/LJ/TJ/Shot  Sun 8 Feb – 60m/400m/1500m/HJ/PV  <b>Action</b> – Sue put info on website, news item and fixtures list.</p> <p><b><u>Outdoor League and championship fixtures 2015</u></b>  <b>Action</b> – track and field committee to meet regarding the fixtures for next year. These will need to be decided soon and submitted to WA.</p> <p><b><u>Indoor Inter-area competition, 1 March 2015, Lee Valley</u></b></p> <p>Mel proposed that the association sends a team to take part in the Indoor Inter-area. The committee agreed to this. Mel proposed that a coach be organised for this (dependent on numbers) and the committee accepted.</p>	<p>Sue</p> <p>T&amp;F Committee</p>
8.	AOB	<p><b><u>Eirian's proposal for an inter-area road match</u></b></p> <p>The committee discussed Eirian's proposal (see annex B). All agreed that it would be sensible to hold such a match within an existing event otherwise this would be too expensive. Next year's Cardiff half marathon festival of running mile races would be a good idea. <b>Action</b> – ongoing – Mel/Eirian to discuss this closer to next year's half marathon.</p> <p><b><u>Proposed WMAA / WA amalgamation</u></b></p> <p>Rob outlined the present situation regarding his discussions with Carol Anthony about a proposed amalgamation with WA. The committee agreed that it would be advisable to get a group of people together to put forward concerns and discuss a way forward. <b>Action</b> – Sue to put an item on website calling forward members to volunteer to form a discussion group on the future of the association and the relationship with WA.</p>	<p>Mel / Eirian</p> <p>Sue</p>

		<p><b><u>Results for the league</u></b></p> <p><b>Action</b> – Eirian send to Sue PDF document with the results of the league, highest points scorers etc.</p> <p><b><u>Social event – “horse racing” night and presentations</u></b></p> <p>The need for a WMAA social event was discussed and the idea for a horse racing night to which the committee agreed was a great idea. Action – Cath enquire with Pauline regarding a buffet. Action – Mel ask at Llandaff rugby club and also his contacts in Port Talbot re horse-racing. <b>Date for the social event – either 18<sup>th</sup> April or 25<sup>th</sup> April</b></p>	<p>Eirian</p> <p>Cath / Mel</p>
9.	Date of next meeting	Weds 7 Jan Leckwith – pub next to football stadium, 7pm. (NB – check if a football match on)	

## Annex A

### Record of Actions

<u>ID</u>	<u>Action</u>	<u>Progress</u>	<u>Status</u>
28/11/11	Mel to produce list of queries for WA (e.g. medals at Road & XC events) and Rob to discuss with WA	Ongoing – particularly regarding the affiliation issue.	Ongoing
26/06/9b	Track and field sub-committee discuss the current WMAA “standards” and report to committee. Any motions for changes to be put forward to Committee.		Ongoing
30/04/5	Maintain communications with Sue Sayer and Gareth Hughes, North Wales Regional Athletics Council re. involvement in hosting B&I masters xc international in 2018		Ongoing
30/04/7b	Committee to read through constitution and advise of any required amendments		Closed
01/10/3a	Mel check stock of medals and advise committee of quantities.		Open

01/10/3b	Numbers – Mel place order for numbers for next year.		Open
01/10/4	Sue put short piece on website re. decision to overturn BMAF's proposed 1 club rule.		Open
01/10/5	Mel speak to contacts regarding the missing xc international commemorative top.		Open
01/10/6	Cath get samples and quotes from Treforest shop for new kit.		Open
01/10/7a	Sue put details of Indoor championships on the website.		Open
01/10/7b	Track and field sub-committee meet to set next year's fixtures and submit to WA.		Open
01/10/8a	Mel and Eirian discuss plans for an inter-area road match to potentially be held as part of the Cardiff half festival of running in October.		Open
01/10/8b	Sue put item on website calling members to form a discussion group on the future of WMAA with regards to WA affiliation.		Open
01/10/8c	Eirian send Sue results of the 2014 track and field league, highest scorers etc.		Open
01/10/8d	Social event provisional dates 18 <sup>th</sup> or 25 <sup>th</sup> April. Cath make enquiries with Pauline re catering and Mel make enquiries to book Llandaff Rugby club.		Open

## **Annex B - Road Inter Area Match proposal**

### Introduction

It became obvious to me when I was WMAA women's Cross Country Team Manager that there were some women who were very good at running relatively short (for road) distances on hard surfaces but who were not able to transfer their rating to cross country. Road has ample provision for long distance runners but nothing much for middle distance runners.

### Proposal

To challenge South West Masters to a match for teams of four in the following categories:

W35, W40, W45, W50, W55, W60, W65, W70, M65, M70 and M75 at the following distances run in this order:

1500m, 6000m, 3000m

To challenge South West Masters to a match for teams of four in the following categories:

M35, M40, M45, M50, M55, M60, at the following distances run in this order:

1500m, 8000m, 3000m

All runners to count. Scoring for 8 athletes per category as follows:

16, 12, 8, 6, 4, 3, 2, 1

Perpetual Challenge Team prizes only per age group.

Perpetual Challenge Match prizes for Women overall, Men 65 plus overall and Men 35 to 64.

Losing Area to challenge winning area to a rematch.