

Masters Meeting No 3 Newport Stadium
July 24th 2013

100m

Ladies

1	Nicky	McWilliams	Les Croupiers	16.8sec	W35
2	Ann	Follen	Rhondda	18.5sec	W35
3	Eirian	Arwyn	Les Croupiers	19.2sec	W50
4	Michelle	Rivett	Les Croupiers	20.4sec	W35

Ladies

1	Mel	Garland	Porthcawl	15.4sec	W50
2	Anna	Little	Worcester	15.6sec	S
3	Iris	Holder	Worcester	18.3sec	S
4	Eirian	Arwyn	Les Croupiers	19.0sec	W50

Guests

1	Danielle	Morgan	Newport	14.5sec	U17
2	Meg	Lydon	Newport	14.6sec	U15
3	Ellie	Jones	Cwmbran	14.7sec	U17
4	Cheyenne	Sinclair	Newport	15.9sec	U17
5	Catlin	Young	Newport	15.9sec	U15
6	Madeline	Baker	Newport	16.7sec	U17
7	Mel	Walsh	Cwmbran	18.0sec	U17

M35-49

1	Craig	Russell	Newport	12.7sec	M35
2	James	Morgan	Newport	12.8sec	M35
3	Stuart	Pearce	Newport	12.8sec	M35
4	Derek	Osborne	Brecon	14.0sec	M35
5	Paul	Evans	Brecon	14.1sec	M35

Mixed

1	Paul	Bevan	Cardiff	14.3sec	M50
2	Lee	Stoneham	Unatt	14.6sec	S
3	Hugh	Williams-Hale	Bridgend	14.8sec	S
4	Barry	Griffiths	Brecon	15.4sec	M35

M50-59

1	Carl	Allan	Cival Service	14.4sec	M50
2	Duncan	Steward	Rhondda	14.5sec	M50
3	Lawrence	Worth	Pembroke	14.5sec	M50
4	Ormond	Williams	Sarn Helen	15.2sec	M50

M60+

1	Glyn	Sutton	Newport	13.4sec	M60
2	John	Watkins	Newport	15.3sec	M60
3	Alan	Perkins	Port Talbot	16.9sec	M60
4	John	Gardiner	Pembroke	18.0sec	M60
5	Phil	Rees	Cardiff	18.7sec	M60

Guests

1	Kristina	Jones	Cardiff	11.3sec	U17
2	Ryan	James	Cardiff	11.7sec	U17
3	James	Morgan	Newport	11.8sec	U23
4	Sebastian	Blanch	Newport	12.1sec	U17
5	Ryan	Morgan	Newport	12.5sec	U17

Guests

1	Adam	Smith	Cardiff	11.9sec	U17
2	James	Maddock	Newport	12.2sec	U23
3	Jamie	Kaged	Newport	12.3sec	U20
4	Ben	McEwan	Newport	12.7sec	U20

Guests

1	Matthew	Pike	Newport	12.6sec	U17
2	Joseph	Davies	Newport	12.8sec	U17
3	Thomas	Spokes	Newport	12.9sec	U15
4	Ethan	Ridout	Newport	13.7sec	U17
5	Donavan	Williams-Hale	Bridgend	15.6sec	U15

200m

W35-49 & 50+

1	Anna	Little	Worcester	31.5sec	S
2	Sue	Hooper	Cardiff	31.5sec	W50
3	Mel	Garland	Porthcawl	32.3sec	W50
4	Clare	Davies	Brecon	39.9sec	W35
5	Anna	Follan	Rhondda	40.7sec	W35
6	Eirian	Arwyn	Les Croupiers	42.1sec	W50
7	Michelle	Rivett	Les Croupiers	42.5sec	W35

M35-49

1	Craig	Russell	Newport	26.1sec	M35
2	James	Morgan	Newport	26.3sec	M35
3	Stuart	Pearce	Newport	26.6sec	M35
4	Gavin	Blecher	Newport	27.5sec	M35

M35-49

1	Paul	Evans	Brecon	29.6sec	M35
2	Lee	Stoneham	Unatt	30.6sec	S
3	Hugh	Williams-Hale	Bridgend	30.8sec	S
4	Barry	Griffiths	Brecon	32.1sec	M35
5	Kevin	Jones	Les Croupiers	34.4sec	M35

M50-59

1	Paul	Bevan	Cardiff	27.9sec	M50
2	Carl	Allan	Cival Service	29.3sec	M50
3	Lawrence	Worth	Pembrokeshire	29.9sec	M50
4	Duncan	Steward	Rhondda	31.1sec	M50
5	Ormond	Williams	Sarn Helen	31.7sec	M50

Guests

1	Danielle	Mill	Cardiff	28.00sec	S
2	Carolyn	Hurley	Swansea	29.1sec	S
3	Meg	Lydon	Newport	30.1sec	U17
4	Ellie	Jones	Cwmbran	30.4sec	U20
5	Cheyenne	Sinclair	Newport	31.2sec	U17
6	Sophie	Jackson	Cwmbran	34.6sec	U17
7	Hannah	Morgan	Cwmbran	35.2sec	U17

M60+

1	Glyn	Sutton	Newport	27.4sec	M60
2	John	Watkins	Newport	29.6sec	M60
3	Gordan	Orme	Carmarthan	34.9sec	M60
4	John	Gardiner	Pembrokeshire	39.5sec	M60
5	Phil	Rees	Cardiff	41.4sec	M60

Guests

1	Gareth	Hopkins	Cardiff	22.5sec	U23
2	Kristian	Jones	Cardiff	22.8sec	U17
3	Daniel	Dell	Cardiff	23.2sec	S

4	Ryan	Jones	Cardiff	23.4sec	U17
5	Sebastian	Blanch	Newport	23.8sec	U17

Guests

1	James	Morgan	Newport	23.8sec	U23
2	Adam	Smith	Cardiff	23.9sec	U17
3	Jamie	Kaged	Newport	24.5sec	U20
4	James	Maddock	Newport	25.1sec	U23
5	Ryan	Morgan	Newport	25.3sec	U17

Guests

1	Ben	McEwan	Newport	25.1sec	U20
2	Matthew	Pike	Newport	25.7sec	U17
3	Joseph	Davies	Newport	26.2sec	U17
4	Thomas	Spokes	Newport	26.6sec	U15

800m

Guests

1	Anwen	Roberts	Newport	2.47.5sec	U15
2	Antonia	Yorkshire	Newport	2.48.8sec	U20
3	Caitlin	Young	Newport	2.51.0sec	U15
4	Phoebe	Marsden	Newport	2.57.9sec	U17
5	Madeline	Barker	Newport	2.59.7sec	U17
6	Chloe	Power	Newport	3.31.7sec	U20

W35-49 &50+

1	Jo	Tucker	Les Croupiers	2.51.3sec	W35
2	Ana	Follan	Rhondda	3.22.1sec	W35
3	Clare	Davies	Brecon	3.27.5sec	W35
4	Rebecca	Hambroke	Porthcawl	3.31.4sec	W50
5	Michelle	Rivett	Les Croupiers	3.34.8sec	W35
6	Eirian	Arwyn	Les Croupiers	4.00.6sec	W50

M35-49

1	Malcolm	Medhurst	Newport	2.30.3sec	M35
2	Charlie	Northley	Brecon	2.40.8sec	M35
3	Kevin	Jones	Les Croupiers	2.41.3sec	M35
4	Barry	Griffiths	Brecon	2.43.8sec	W35
5	Hugh	Williams-Hale	Bridgend	2.49.0sec	S

M50-59

1 Phillip	Crane	Neath	2.19.4sec	M50
2 Paul	Bevan	Cardiff	2.21.4sec	M50
3 Lawrence	Worth	Pembrokeshire	2.34.0sec	M50
4 John	Watkins	Newport	2.41.3sec	M50
5 Dave	Proffitt	Newport	2.43.4sec	M50
6 Gordan	Orme	Carmarthen	2.52.8sec	M50
7 John	Gardiner	Pembrokeshire	3.09.4sec	M50

Guests

1 Curtis	Goodger	Newport	1.59.9sec	U20
2 Elliott	Hardee	Newport	1.59.7sec	U20
3 Harry	Davies	Bridgend	2.03.9sec	U20
4 Alex	McDowell	Unatt	2.09.3sec	U17
5 Owain	Barry	Cardiff	2.11.6sec	U17
6 Samual	Welsh	Chepstow	2.18.2sec	S
7 Thomas	Theobald	Newport	2.18.6sec	U15
8 Gareth	Knight	Newport	2.22.2sec	S
9 Owen	Locke	Newport	2.23.7sec	U15
10 Ryan	Draper	Unatt	2.26.3sec	U15
11 Victoria	Belcher	Newport	2.28.7sec	S

1500m W35-49 &W50 +Guest

1 Cassidy	Skinner	Newport	5.12.3sec	U23
2 Claire	Beattie	Les Croupiers	5.18.7sec	W35
3 Jane	Coker	Les Croupiers	5.34.7sec	W50
4 Nicky	McWilliams	Les Croupiers	5.36.8sec	W35
5 Ann	Follan	Rhondda	6.54.0sec	W35
6 Rebecca	Hambrook	Porthcawl	7.02.3sec	W50
7 Michelle	Rivett	Les Croupiers	7.24.1sec	M35
8 Eirian	Arwyn	Les Croupiers	8.15.8sec	W50

M35-49 &M50-59 &M60+ & Guests

1 Jacob	Zennadi	Newport	4.51.6sec	U20
2 Phil	Crane	Neath	4.54.6sec	M50
3 Paul	Coker	Les Croupiers	5.14.9sec	M50
4 Lawrence	Worth	Pembrokeshire	5.22.9sec	M50
5 Donavan	Williams-Hale	Bridgend	5.27.4sec	U15
6 Kevin	Jones	Les Croupiers	5.29.9sec	M35
7 Gordan	Orme	Carmarthen	5.54.2sec	M60
8 Hugh	Williams-Hale	Bridgend	5.57.5sec	S
9 John	Gardiner	Pembrokeshire	6.13.9sec	M60

Relay 4 x 100m

1 Newport	Masters	50.00sec
2 2 x200m	Team	51.3sec
3 Mixed	Team	58.3sec
4 Cwmbran	Guests	61.1sec
5 Les Croupiers	Ladies Masters	70.0sec

High Jump W35-49 & W50+

1 Clare	Davies	Brecon	1.20m	W35
2 Eirian	Arwyn	Les Croupiers	0.95m	W50

M35-49 & Guest

1 Derek	Osborne	Brecon	1.45m	M35
2 Hywel	Port	Rhondda	1.25m	M35
3 Donavon	Williams-Hale	Bridgend	N/H	U15

M50-59

1 Steve	Wadley	Newport	1.30m	M50
2 Glyn	Pugh	Rhondda	1.20m	M50
3 Carl	Allan	Civil Service	1.15m	M50
4 Duncn	Steward	Rhondda	1.00m	M50

M60+

1 Sean	Power	Cardiff	1.35m	M60
2 John	Watkins	Newport	1.20m	M60
3 Phil	Rees	Cardiff	.95m	M60

Triple Jump W50+ & Guests

1 Mel	Garland	Porthcaw	8.17m	W50
2 Iris	Holder	Worcester	6.82m	S

M35-49 & M50-59 & M60+ & Guests

1 Gavin	Belcher	Newport	9.29m	M35
2 Sean	Power	Cardiff	9.07m	M60
3 George	Rees	Forest of Dean	8.54m	S
4 Duncan	Steward	Rhondda	8.35m	M50
5 Lee	Stoneham	Unatt	8.21m	S

6	Donavon	Williams-Hale	Bridgend	8.10m	U15
7	Ian	Morgan	Newport	7.85m	M35
8	John	Watkins	Newport	6.46m	M60
9	Phil	Rees	Cardiff	6.02m	M60

Javelin

W35-49

1	Karen	Llewellyn	Pembrokeshire	18.99m	W35
2	Geri	Blake	Brecon	12.82m	W35

W50+

1	Eirian	Arwyn	Les Croupiers	12.90m	W50
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Guests

1	Danielle	Morgan	Newport	26.45m	<u>U17</u>
2	Sophie	Jackson	Cwmbran	20.85m	U17
3	Hannah	Morgan	Cwmbran	16.91m	U17
4	Mel	Walsh	Cwmbran	9.40m	U17

M35-49 & Guests

1	Charlie	Northley	Brecon	36.27m	M35
2	Hywel	Port	Rhondda	29.53m	M35
3	Derek	Osborne	Brecon	28.20m	M35
4	Rob	Eales	Newport	27.95m	M35
5	George	Rees	Forest of Dean	23.91m	S
6	Barry	Griffiths	Brecon	21.98m	M35
7	Tyrone	Fowler	Newport	21.73m	U20
8	Ian	Morgan	Newport	20.83m	M35
9	Paul	Evans	Brecon	14.34m	M35

M50-59

1	Duncan	Steward	Rhondda	33.49m	M50
2	Glyn	Pugh	Rhondda	27.23m	M50
3	Steve	Wadley	Newport	21.11m	M50
4	Carl	Allan	Cival Service	20.06m	M50
5	Ormond	Williams	Sarn Helen	18.76m	M50

M60+

1	John	Davies	Port Talbot	27.60m	M60
2	John	McFall	Brecon	21.15m	M60
3	John	Watkins	Newport	18.93m	M60

4	Brian	Webb	Rhondda	17.98m	M60
5	Alan	Perkins	Port Talbot	17.71m	M60
6	Phil	Rees	Cardiff	15.97m	M60

Shot W35-49

1	Karen	Llewelin	Pembrokeshire	8.26m	W35
2	Clare	Davies	Brecon	7.15m	W35
3	Geri	Blake	Brecon	5.70m	W35

W50+

1	Eirian	Arwyn	Les Croupiers	6.53m	W50
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Guests

1	Ellie	Jones	Cwmbran	7.43m	U20
2	Hannah	Morgan	Cwmbran	6.43m	U17
3	Sophie	Jackson	Cwmbran	5.90m	U17
4	Mel	Walsh	Cwmbran	5.83m	U17

M35-49 & Guests

1	Rob	Eales	Newport	10.66m	M35
2	Hywel	Port	Rhondda	9.26m	M35
3	Clarke	Joslyn	Newport	9.11m	M35
4	Tyrone	Fowler	Newport	8.16m	U20
5	Derek	Osborne	Brecon	7.89m	M35
6	Charlie	Northley	Brecon	7.77m	M35
7	Barry	Griffiths	Brecon	7.10m	M35
8	Paul	Evans	Brecon	6.20m	M35

M50-59

1	Glyn	Pugh	Rhondda	11.06m	M50
2	Duncan	Steward	Rhondda	9.27m	M50
3	Steve	Wadley	Newport	8.76m	M50

M60+

1	John	McFall	Brecon	8.21m	M60
2	John	Watkins	Newport	7.88m	M60
3	Brian	Webb	Rhondda	7.35m	M60
4	Phil	Rees	Cardiff	7.24m	M60
5	John	Davies	Port Talbot	6.78m	M60

6 Alan

Perkins

Port Talbot

6.72m

M60