

British and Irish Masters Athletics Cross-Country International

17th November 2018 at Singleton Park, Swansea

Brett Davis – Chair of the Welsh Masters Athletics Association

These were a very impressive championships on a true cross country course and a real credit to the Welsh Masters AA with thanks for the committee efforts across the whole spectrum of roles and responsibilities, led from the front by Mel James for the final time. It couldn't have taken place without the efforts both behind the scenes and on the frontline of Daphne Marler (organisational logistics), Rod Davies (team membership processing), Sue and Rob Hooper, and Chris Pruski (open entries), Eirian Arwyn (race steward), John Davies (timekeeper) along with the two team managers Ali Whitelaw and Bernie Jones. Officials from a variety of sources were also instrumental to the success - Graham Finlayson, Nigel Jones, John Elwood, Les Cuthbert, Andrew Sedgemond, Brian Fox, Derek Crowder, Kay Chapman, Peter Kennedy, Alex Donald, Sue Hoare, Alex Rowe, Harry and Kim Matthews and Darran Williams, plus St John's Ambulance.

The races were very competitive and several competitors finished the race absolutely exhausted but satisfied.

The championships included an evening banquet and presentations which were just as impressive.

Congratulations to all the Welsh medallists (listed on this website) and to all those who took part.

Brett