

WELSH MASTERS ATHLETICS ASSOCIATION

PROVISIONAL TIMETABLES FOR WELSH MASTERS LEAGUE 2019

Subject to change to reflect entries.

WELSH MASTERS LEAGUE 2019-1				
Swansea, 24 th April 2019				
Time	Track		Time	Field
1900	800		1845	Hammer
1920	200		1845	Pole Vault
1940	3000		1945	Discus (W & M60)
2000	400		1945	Shot (M35 & M50)
2030	4x100		1930	Triple Jump

WELSH MASTERS LEAGUE 2019-2				
Cardiff Met, 22nd May 2019				
Time	Track		Time	Field
1900	400		1845	Javelin (W & M60)
1920	1500		1845	Shot (M35 & M50)
1940	100		1845	High Jump
2000	800		1945	Shot (W & M60)
2030	4x200		1945	Javelin (M35 & M50)
			1945	Long Jump

WELSH MASTERS LEAGUE 2019-3				
Wrexham, 5 th June 2019				
Time	Track		Time	Field
1900	3000		1900	Javelin (M35, M60, M70))
1920	1500		1900	Discus (W)
1930	100		1900	High Jump
1945	800		1930	Javelin (M50)
2010	200		1940	Discus (M35 & M60)
2050	4x400		1945	Long Jump
			2000	Shot
			2015	Discus (M50)
			2030	Javelin (W)

WELSH MASTERS LEAGUE 2019-4				
Newport, 12th June 2019				
Time	Track		Time	Field
1900	400		1845	Hammer
1920	1500		1845	Pole Vault
1940	200		1945	Discus (M35 & M50)
2000	3000		1945	Shot (W & M60)
2030	4x100		1945	Long Jump

WELSH MASTERS LEAGUE 2019-5				
Aberdare, 10th July 2019				
Time	Track		Time	Field
1900	200		1845	Discus (W & M60)
1920	800		1845	Javelin (M35 & M50)
1940	100		1845	High Jump
2000	3000		1930	Triple Jump
2030	4x400		1945	Javelin (W & M60)
			1945	Discus (M35 & M50)