

Power of 10 Athlete Data

ID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
526112	Henrietta Anstey	2021	V45	W	100	14.9	Yate	Avon Track & Field League	2021-06-13
526112	Henrietta Anstey	2021	V45	W	200	32.20	Yate	Midland League - Gloucs	2021-06-20
526112	Henrietta Anstey	2021	V45	W	400	73.0	Yate	Avon Track & Field League	2021-06-13
526112	Henrietta Anstey	2021	V45	W	80HW40	17.21	Swindon	Swindon Harriers - Mark Cawte Spring Open Meeting	2021-05-09
526112	Henrietta Anstey	2021	V45	W	80HW40	17.33	Yate	Yate AC Closed Club Competition	2021-05-16
526112	Henrietta Anstey	2021	V45	W	400HW	85.43	Yate	Midland League - Gloucs	2021-06-20
85021	Mark Baker	2021	V55	M	10K	42:32	Newbury	Runthrough Newbury Racecourse 10K	2021-05-01
85021	Mark Baker	2021	V55	M	Mar	3:29:47	Peterborough	Enervit Peterborough Marathon	2021-05-23
349414	Chris Baldwin	2021	V65	M	10K	51:31	Over Peover	Colshaw Hall 10K	2021-06-20
717331	Lloyd Bevan	2021	V55	M	5K	22:11	Battersea Park	Vets AC 5K	2021-05-18
717331	Lloyd Bevan	2021	V55	M	5K	22:37	Battersea Park	Vets AC 5K	2021-06-08
717331	Lloyd Bevan	2021	V55	M	5K	22:51	Gravesend	Gravesend Floodlit 5K / 10K	2021-06-24
717331	Lloyd Bevan	2021	V55	M	5KNAD	21:49	Hyde Park	Serpentine 5K	2021-05-29
717331	Lloyd Bevan	2021	V55	M	5KNAD	22:21	Hyde Park	Serpentine 5K	2021-06-19
399109	Angela Bryant	2021	V60	W	100	15.3	Yate	Avon Track & Field League	2021-06-13
399109	Angela Bryant	2021	V60	W	100	15.3	Gloucester	Gloucester June Open	2021-06-15
399109	Angela Bryant	2021	V60	W	100	15.4	Gloucester	Gloucestershire County Championships	2021-05-23
399109	Angela Bryant	2021	V60	W	100	15.54	Nuneaton	Midland Masters Championships	2021-06-06
399109	Angela Bryant	2021	V60	W	100	15.60	Yate	Midland League - Gloucs	2021-06-20
399109	Angela Bryant	2021	V60	W	100	16.2	Cheltenham	Cheltenham Restart Open	2021-05-29

ID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
399109	Angela Bryant	2021	V60	W	200	33.02	Nuneaton	Midland Masters Championships	2021-06-06
399109	Angela Bryant	2021	V60	W	200	33.1	Redditch	Midland Veterans League	2021-06-23
399109	Angela Bryant	2021	V60	W	200	33.68	Yate	Midland League - Gloucs	2021-06-20
399109	Angela Bryant	2021	V60	W	200	34.4	Cheltenham	Cheltenham Restart Open	2021-05-29
399109	Angela Bryant	2021	V60	W	200	34.7	Gloucester	Gloucester June Open	2021-06-15
399109	Angela Bryant	2021	V60	W	200	34.8	Gloucester	Gloucestershire County Championships	2021-05-23
399109	Angela Bryant	2021	V60	W	400	77.14	Nuneaton	Midland Masters Championships	2021-06-06
399109	Angela Bryant	2021	V60	W	400	85.4	Yate	Avon Track & Field League	2021-06-13
556189	Nicola Buckwell	2021	V65	W	100	17.6	Cheltenham	Cheltenham Restart Open	2021-05-29
556189	Nicola Buckwell	2021	V65	W	200	35.16	Tonbridge	Tonbridge AC Meeting	2021-05-03
556189	Nicola Buckwell	2021	V65	W	200	35.6	Cheltenham	Cheltenham Restart Open	2021-05-29
556189	Nicola Buckwell	2021	V65	W	JT500	15.82	Tonbridge	Tonbridge AC Meeting	2021-05-03
566499	Ben Butler-Madden	2021	V35	M	5K	16:02	Pembrey	Welsh Athletics 5K Series	2021-05-29
566499	Ben Butler-Madden	2021	V35	M	10K	34:52	Knutsford	Runthrough Chase The Sun Tatton 10K	2021-06-02
727639	Jon Clarke	2021	V60	M	100	18.78	Stretford	Trafford Sprints Grand Prix	2021-05-25
199713	Lisa Cleary	2021	V55	W	Mar	3:53:14	Boston	Boston Marathon (UK)	2021-05-31
81143	Emma Collins	2021	V55	W	5K	21:20	Leeds	Even Splits 5K Race Series	2021-05-26
81143	Emma Collins	2021	V55	W	10K	44:35	Over Peover	Colshaw Hall 10K	2021-06-20
81143	Emma Collins	2021	V55	W	10K	44:56	Knutsford	RunThrough Tatton 10K	2021-05-08
554009	Claudia Cubbage	2021	V45	W	PV	1.10	Portsmouth	National Athletics League Division 1	2021-06-06
554009	Claudia Cubbage	2021	V45	W	SP4K	8.14	Brighton	Southern Athletics League - Sussex Coast	2021-06-20
554009	Claudia Cubbage	2021	V45	W	SP4K	7.53	Portsmouth	National Athletics	2021-06-06

ID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
								League Division 1	
554009	Claudia Cabbage	2021	V45	W	DT1K	19.83	Brighton	Southern Athletics League - Sussex Coast	2021-06-20
554009	Claudia Cabbage	2021	V45	W	HT4K	17.01	Brighton	Southern Athletics League - Sussex Coast	2021-06-20
554009	Claudia Cabbage	2021	V45	W	JT600	16.77	Brighton	Southern Athletics League - Sussex Coast	2021-06-20
554009	Claudia Cabbage	2021	V45	W	JT600	15.24	Portsmouth	National Athletics League Division 1	2021-06-06
548029	Helen-Marie Davies	2021	V40	W	5000	19:26.52	Carmarthen	Welsh Endurance Meeting 1	2021-05-26
210166	Neil Davies	2021	V50	M	400	64.46	Stretford	Trafford Sprints Grand Prix	2021-05-25
210166	Neil Davies	2021	V50	M	400	64.96	Doncaster	Doncaster AC Spring Open Meeting	2021-05-29
35171	Roderick Davies	2021	V60	M	100	14.58	Newport	Welsh Athletics Event Specific - Sprints & Jumps	2021-06-23
35171	Roderick Davies	2021	V60	M	100	14.98	Swansea	Welsh Athletics Event Specific - Sprints & Jumps	2021-05-22
35171	Roderick Davies	2021	V60	M	LJ	3.89	Swansea	Swansea HJ & LJ Open	2021-06-28
5677	Stephen Davies	2021	V60	M	5K	25:19	Prestwold	Real Races 5K	2021-05-02
14897	Brett Davis	2021	V55	M	400	60.38	Nuneaton	Midland Masters Championships	2021-06-06
14897	Brett Davis	2021	V55	M	400	60.39	Newport	Welsh Athletics Event Specific - Endurance	2021-06-26
14897	Brett Davis	2021	V55	M	400	62.2	Braunton	North Devon AC Summer Open Series 1	2021-05-16
14897	Brett Davis	2021	V55	M	800	2:22.32	Nuneaton	Midland Masters Championships	2021-06-06
14897	Brett Davis	2021	V55	M	800	2:27.9	Gloucester	Gloucester June Open	2021-06-15
106693	Michael Dickens	2021	SEN	M	100	11.93	Loughborough	Loughborough Open	2021-06-23
106693	Michael	2021	SEN	M	100	12.1	Telford	Telford Spring	2021-

ID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
	Dickens							Warm Up	05-22
106693	Michael Dickens	2021	SEN	M	100	12.16	Nuneaton	Midland Masters Championships	2021-06-06
106693	Michael Dickens	2021	SEN	M	100	12.2	Telford	Midlands Veterans T&F League	2021-05-26
106693	Michael Dickens	2021	SEN	M	200	24.7	Burton	Midland Veterans League - North	2021-06-16
106693	Michael Dickens	2021	SEN	M	200	25.2	Telford	Telford Spring Warm Up	2021-05-22
106693	Michael Dickens	2021	SEN	M	200	25.25	Nuneaton	Midland Masters Championships	2021-06-06
2079	Huw Evans	2021	V45	M	3000	9:47.59	Swindon	Swindon Harriers - Mark Cawte Spring Open Meeting	2021-05-09
2079	Huw Evans	2021	V45	M	5K	16:29	Hereford	Hereford Couriers 5K Series	2021-05-05
23748	John Evans	2021	V85	M	100	20.9	Nuneaton	Midland Vets League - East	2021-05-19
23748	John Evans	2021	V85	M	100	20.91	Nuneaton	Midland Masters Championships	2021-06-06
23748	John Evans	2021	V85	M	200	46.8	Leamington	Midland Veterans League - East	2021-06-09
23748	John Evans	2021	V85	M	200	47.48	Nuneaton	Midland Masters Championships	2021-06-06
23748	John Evans	2021	V85	M	LJ	2.20	Nuneaton	Midland Masters Championships	2021-06-06
23748	John Evans	2021	V85	M	TJ	5.73	Nuneaton	Midland Masters Championships	2021-06-06
23748	John Evans	2021	V85	M	SP4K	4.56	Leamington	Midland Veterans League - East	2021-06-09
23748	John Evans	2021	V85	M	JT500	10.29	Nuneaton	Midland Vets League - East	2021-05-19
387047	Sarah Everitt	2021	V50	W	1500	5:17.4	Yate	Avon Track & Field League	2021-06-13
387047	Sarah Everitt	2021	V50	W	1500	5:23.63	Yate	Midland League - Gloucs	2021-06-20
745669	Paul Flynn	2021	V50	M	5000	17:58.12	Carmarthen	Welsh Endurance Meeting 1	2021-05-26
932488	Steven Forsyth	2021	V40	M	5K	16:19	Rhyl	Rhyl 5K	2021-06-05
26443	Dorothy	2021	V80	W	100	25.30	Nuneaton	Midland	2021-

ID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
26443	Fraser	2021	V80	W	200	59.01	Nuneaton	Masters Championships	06-06
	Dorothy Fraser							Midland Masters Championships	2021-06-06
550	Lee Garland	2021	V45	M	5000	17:56.66	St. Peter Port	Guernsey Athletics Track & Field Series	2021-05-23
550	Lee Garland	2021	V45	M	5000	17:57.14	St. Peter Port	Guernsey Athletics Track & Field Series	2021-06-18
44187	David Glendower	2021	V50	M	DT1.5K	20.01	Gillingham	Medway & Maidstone Open Meeting	2021-05-03
143668	Kieran Golding	2021	V40	M	600	1:55.64	Swindon	Swindon Harriers - Mark Cawte Spring Open Meeting	2021-05-09
143668	Kieran Golding	2021	V40	M	LJ	4.02	Basingstoke	Southern Athletics League - West	2021-06-20
143668	Kieran Golding	2021	V40	M	SP7.26K	6.58	Basingstoke	Southern Athletics League - West	2021-06-20
143668	Kieran Golding	2021	V40	M	DT2K	17.74	Basingstoke	Southern Athletics League - West	2021-06-20
143668	Kieran Golding	2021	V40	M	JT800	32.12	Swindon	Swindon Harriers - Mark Cawte Spring Open Meeting	2021-05-09
143668	Kieran Golding	2021	V40	M	JT800	31.04	Basingstoke	Southern Athletics League - West	2021-06-20
143668	Kieran Golding	2021	V40	M	JT800	29.29	Swindon	Wiltshire County Championships & Festival	2021-05-29
181389	Martin Green	2021	V45	M	5K	16:22	Liverpool	RunThrough Aintree Racecourse 5K	2021-05-09
369398	Annette Hames	2021	V60	W	3000	13:28.9	Jarrow	North East Masters AA League	2021-05-18
369398	Annette Hames	2021	V60	W	5000	23:03.78	Jarrow	North East Masters AA Championships	2021-06-19
868004	Matthew Harding	2021	V40	M	100	12.5	Salford	North of England League West 2S	2021-05-22
868004	Matthew Harding	2021	V40	M	100	12.5	Ashton-under-Lyne	North of England League West 2S	2021-06-19
868004	Matthew	2021	V40	M	200	25.4	Salford	North of	2021-

ID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
868004	Harding							England League West 2S	05-22
	Matthew Harding	2021	V40	M	200	26.3	Ashton-under-Lyne	North of England League West 2S	2021-06-19
868004	Matthew Harding	2021	V40	M	LJ	4.90	Ashton-under-Lyne	North of England League West 2S	2021-06-19
86646	Warwick Helps	2021	V40	M	5000	18:37.53	St. Peter Port	Guernsey Athletics Track & Field Series	2021-05-23
86646	Warwick Helps	2021	V40	M	7M	43:54	St Peter Port	Guernsey Liberation Day Race	2021-05-09
19778	Graham Holder	2021	V45	M	SP7.26K	10.60	Chelmsford	National Athletics League Championship London	2021-06-06
19778	Graham Holder	2021	V45	M	SP7.26K	10.17	Eltham	Southern Athletics League - South East London	2021-06-20
19778	Graham Holder	2021	V45	M	DT2K	33.25	Eltham	Southern Athletics League - South East London	2021-06-20
19778	Graham Holder	2021	V45	M	DT2K	30.68	Ashford	Kent County Championships	2021-05-08
19778	Graham Holder	2021	V45	M	DT2K	29.24	Chelmsford	National Athletics League Championship London	2021-06-06
19778	Graham Holder	2021	V45	M	HT7.26K	49.09	Chelmsford	National Athletics League Championship London	2021-06-06
19778	Graham Holder	2021	V45	M	HT7.26K	48.31	Eltham	Southern Athletics League - South East London	2021-06-20
19778	Graham Holder	2021	V45	M	HT7.26K	47.21	Ashford	Kent County Championships	2021-05-08
24536	Iris Holder	2021	V75	W	100	19.5	Gloucester	Gloucestershire County Championships	2021-05-23
24536	Iris Holder	2021	V75	W	100	20.12	Nuneaton	Midland Masters Championships	2021-06-06
24536	Iris Holder	2021	V75	W	100	20.5	Cheltenham	Cheltenham Restart Open	2021-05-29

ID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
24536	Iris Holder	2021	V75	W	LJ	2.86	Gloucester	Gloucestershire County Championships	2021-05-16
24536	Iris Holder	2021	V75	W	LJ	2.71	Cheltenham	Cheltenham Restart Open	2021-05-29
24536	Iris Holder	2021	V75	W	LJ	2.57	Nuneaton	Midland Masters Championships	2021-06-06
24536	Iris Holder	2021	V75	W	TJ	5.91	Nuneaton	Midland Masters Championships	2021-06-06
446783	Mark Horsman	2021	V40	M	10K	34:45	Chepstow	Speedway 10K	2021-05-02
102508	Tim Iveson	2021	V35	M	5K	15:57	Hereford	Hereford Couriers 5K Series	2021-06-02
102508	Tim Iveson	2021	V35	M	5K	16:06	Hereford	Hereford Couriers 5K Series	2021-05-05
42341	Mel James	2021	V75	M	100	16.54	Nuneaton	Midland Masters Championships	2021-06-06
42341	Mel James	2021	V75	M	100	17.0	Cheltenham	Cheltenham Restart Open	2021-05-29
42341	Mel James	2021	V75	M	200	34.21	Nuneaton	Midland Masters Championships	2021-06-06
42341	Mel James	2021	V75	M	200	34.9	Cheltenham	Cheltenham Restart Open	2021-05-29
965885	Eleri Jones	2021	V35	W	100	13.50	Nuneaton	Midland Masters Championships	2021-06-06
965885	Eleri Jones	2021	V35	W	200	27.7	Gloucester	Gloucester June Open	2021-06-15
965885	Eleri Jones	2021	V35	W	200	28.20	Nuneaton	Midland Masters Championships	2021-06-06
69228	Jos Jones	2021	V40	M	5K	20:33	Exeter	Run Exe Summer 5k Series	2021-06-22
48190	Lee Jones	2021	V50	M	5000	17:15.4	Ashton-under-Lyne	North of England League West 2S	2021-06-19
522737	Llinos Jones	2021	V40	W	5000	19:56.31	Carmarthen	Welsh Endurance Meeting 1	2021-05-26
522737	Llinos Jones	2021	V40	W	5K	19:54	Pembrey	Welsh Athletics 5K Series	2021-05-29
658483	Richard Jones	2021	V45	M	5K	15:54	Pembrey	Welsh Athletics 5K Series	2021-05-29
658483	Richard Jones	2021	V45	M	10K	33:37	Chepstow	Speedway 10K	2021-05-02
842767	Louise Kirby	2021	V50	W	100	14.7	Gloucester	Gloucester June Open	2021-06-15

ID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
842767	Louise Kirby	2021	V50	W	100	15.15	Nuneaton	Midland Masters Championships	2021-06-06
842767	Louise Kirby	2021	V50	W	100	15.4	Cheltenham	Cheltenham Restart Open	2021-05-29
842767	Louise Kirby	2021	V50	W	200	31.55	Nuneaton	Midland Masters Championships	2021-06-06
842767	Louise Kirby	2021	V50	W	200	31.6	Gloucester	Gloucester June Open	2021-06-15
842767	Louise Kirby	2021	V50	W	200	32.0	Cheltenham	Cheltenham Restart Open	2021-05-29
599005	Adrian Lewis	2021	V45	M	800	2:16.33	Newport	Welsh Athletics Event Specific - Endurance	2021-06-26
599005	Adrian Lewis	2021	V45	M	800	2:17.51	Carmarthen	Welsh Endurance Meeting 1	2021-05-26
599005	Adrian Lewis	2021	V45	M	5K	17:49	Hereford	Hereford Couriers 5K Series	2021-05-05
690191	Sion Lewis	2021	V35	M	5K	16:02	Battersea Park	Friday Night 5K Under the Lights	2021-05-28
690191	Sion Lewis	2021	V35	M	5K	16:05	Battersea Park	Sri Chinmoy 5K	2021-06-21
45138	Ifan Lloyd	2021	V60	M	3000	10:00.87	Newport	Welsh Athletics Event Specific - Endurance	2021-06-26
45138	Ifan Lloyd	2021	V60	M	5K	16:54	Pembrey	Welsh Athletics 5K Series	2021-05-29
45138	Ifan Lloyd	2021	V60	M	30KMT	2:08:06	Gravesend	North Downs Run 30K	2021-06-27
24541	Daphne Marler	2021	V70	W	LJ	1.90	Swansea	Swansea HJ & LJ Open	2021-06-28
31956	Darryn McAtee	2021	V60	M	5K	22:05	Hereford	Hereford Couriers 5K Series	2021-05-05
31956	Darryn McAtee	2021	V60	M	5K	22:33	Hereford	Hereford Couriers 5K Series	2021-06-02
18470	Sean McCormack	2021	V55	M	Mar	3:08:40	Dartford	Dartford Midnight Marathon	2021-06-19
789642	Kieran McDonnell	2021	V65	M	100	14.44	Swansea	Welsh Athletics Event Specific - Sprints & Jumps	2021-05-22
789642	Kieran McDonnell	2021	V65	M	400	62.73	Newport	Welsh Athletics Event Specific - Endurance	2021-06-26
28503	Chris Millard	2021	V50	M	SP7.26K	7.40	Yate	Avon Track & Field League	2021-06-13
9472	Jeremy Mower	2021	V55	M	3000	10:32.3	Gloucester	Gloucester June Open	2021-06-15

ID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
9472	Jeremy Mower	2021	V55	M	5000	18:06.9	Gloucester	Gloucestershire County Championships	2021-05-16
9472	Jeremy Mower	2021	V55	M	40Miles	5:03:42	Barry	35th Annual Barry 40 Mile Track Race	2021-05-23
9472	Jeremy Mower	2021	V55	M	30KMT	2:17:35	Gravesend	North Downs Run 30K	2021-06-27
1007419	Dash Newington	2021	V35	W	2000W	14:00.46	Nuneaton	Midland Masters Championships	2021-06-06
1007419	Dash Newington	2021	V35	W	HJ	1.35	Jarrow	North East Masters AA Championships	2021-06-19
1007419	Dash Newington	2021	V35	W	HJ	1.35	Belfast	Northern Ireland Masters Association Championships	2021-06-26
1007419	Dash Newington	2021	V35	W	PV	1.80	Jarrow	North East Grand Prix	2021-06-02
1007419	Dash Newington	2021	V35	W	PV	1.80	Nuneaton	Midland Masters Championships	2021-06-06
1007419	Dash Newington	2021	V35	W	LJ	4.22	Belfast	Northern Ireland Masters Association Championships	2021-06-26
1007419	Dash Newington	2021	V35	W	LJ	3.85	Nuneaton	Midland Masters Championships	2021-06-06
1007419	Dash Newington	2021	V35	W	LJ	3.20	Jarrow	North East Masters AA Championships	2021-06-19
1007419	Dash Newington	2021	V35	W	TJ	9.10	Belfast	Northern Ireland Masters Association Championships	2021-06-26
1007419	Dash Newington	2021	V35	W	TJ	8.78	Jarrow	North East Masters AA Championships	2021-06-19
1007419	Dash Newington	2021	V35	W	TJ	8.06	Nuneaton	Midland Masters Championships	2021-06-06
1007419	Dash Newington	2021	V35	W	SP4K	6.32	Jarrow	North East Masters AA Championships	2021-06-19
1007419	Dash Newington	2021	V35	W	SP4K	6.11	Belfast	Northern Ireland Masters Association Championships	2021-06-26
1007419	Dash Newington	2021	V35	W	WT9.08K	8.54	Belfast	Northern Ireland Masters Association Championships	2021-06-26
1007419	Dash Newington	2021	V35	W	WT9.08K	8.10	Jarrow	North East Masters AA	2021-06-19

ID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
1007419	Dash Newington	2021	V35	W	DT1K	17.14	Nuneaton	Championships Midland Masters Championships	2021-06-06
1007419	Dash Newington	2021	V35	W	DT1K	16.38	Belfast	Northern Ireland Masters Association Championships	2021-06-26
1007419	Dash Newington	2021	V35	W	DT1K	15.73	Jarrow	North East Masters AA Championships	2021-06-19
1007419	Dash Newington	2021	V35	W	HT4K	22.46	Jarrow	North East Masters AA Championships	2021-06-19
1007419	Dash Newington	2021	V35	W	HT4K	21.43	Nuneaton	Midland Masters Championships	2021-06-06
1007419	Dash Newington	2021	V35	W	HT4K	18.77	Belfast	Northern Ireland Masters Association Championships	2021-06-26
1007419	Dash Newington	2021	V35	W	JT600	16.84	Jarrow	North East Masters AA Championships	2021-06-19
1007419	Dash Newington	2021	V35	W	JT600	16.76	Belfast	Northern Ireland Masters Association Championships	2021-06-26
1007419	Dash Newington	2021	V35	W	JT600	14.66	Nuneaton	Midland Masters Championships	2021-06-06
2433	Georgie Parnell	2021	V35	W	400	63.8	Cheltenham	Cheltenham Restart Open	2021-05-29
2433	Georgie Parnell	2021	V35	W	400	63.9	Stourport	Midland League - Worcs/Here/West	2021-06-20
2433	Georgie Parnell	2021	V35	W	400	65.77	Southampton	Southampton AC May Open	2021-05-16
2433	Georgie Parnell	2021	V35	W	800	2:19.9	Stourport	Midland League - Worcs/Here/West	2021-06-20
2433	Georgie Parnell	2021	V35	W	800	2:21.26	Nuneaton	Nuneaton Open Events - Night of 800m PB's	2021-06-16
2433	Georgie Parnell	2021	V35	W	800	2:23.67	Exeter	BMC Regional Races	2021-06-29
2433	Georgie Parnell	2021	V35	W	800	2:24.3	Cheltenham	Cheltenham Restart Open	2021-05-29
2433	Georgie Parnell	2021	V35	W	800	2:26.26	Southampton	Southampton AC May Open	2021-05-16
42345	Keith Powell	2021	V60	M	100	14.30	Yeovil	Bill Whistlecroft Yeovil Spring Track & Throws Open	2021-05-01

ID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
42345	Keith Powell	2021	V60	M	PV	2.50	Yeovil	Yeovil Distance, Steeplechase & Jumps Open	2021-05-08
42345	Keith Powell	2021	V60	M	LJ	4.06	Yeovil	Yeovil Distance, Steeplechase & Jumps Open	2021-05-08
42345	Keith Powell	2021	V60	M	LJ	4.04	Yeovil	Yeovil Distance, Steeplechase & Jumps Open	2021-05-08
48461	Robert Prady	2021	V40	M	3000	10:09.43	Newport	Welsh Athletics Event Specific - Endurance	2021-06-26
25853	Glyn Price	2021	V55	M	PV	3.70	Swansea Indoor Athletics Track	Swansea Harriers - Closed Pole Vault	2021-06-02
25853	Glyn Price	2021	V55	M	PV	3.66	Newport	Welsh Athletics Event Specific - Endurance	2021-06-26
25853	Glyn Price	2021	V55	M	PV	3.50	Yate	National Athletics League Premier West	2021-06-06
25853	Glyn Price	2021	V55	M	HT7.26K	15.23	Yate	National Athletics League Premier West	2021-06-06
1322	Sean Price	2021	V55	M	5K	18:49	Kempton Park	Reunion 5K	2021-05-15
785044	Chris Pruski	2021	V65	M	100	16.39	Swansea	Welsh Athletics Event Specific - Sprints & Jumps	2021-05-22
785044	Chris Pruski	2021	V65	M	JT600	28.77	Nuneaton	Midland Masters Championships	2021-06-06
69509	Christopher Purse	2021	V60	M	800	2:54.6	Chelmsford	Eastern Masters League Southern	2021-06-02
69509	Christopher Purse	2021	V60	M	5.2MMT	56:19	Ongar	Chipping Away	2021-05-12
69509	Christopher Purse	2021	V60	M	10K	41:59	Little Bromley	Little Bromley 10K	2021-05-23
72835	Barrie Roberts	2021	V75	M	5K	29:47	Coventry	Runthrough Chase The Sun Coventry 5K	2021-06-16
72835	Barrie Roberts	2021	V75	M	10K	61:04	Birmingham	Birmingham Running Festival 10K	2021-05-16
28820	Peter Roberts	2021	V45	M	DT2K	32.22	Yate	National Athletics League Premier	2021-06-06

ID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
								West	
28820	Peter Roberts	2021	V45	M	HT7.26K	28:29	Yate	National Athletics League Premier West	2021-06-06
781044	James Rogers	2021	V45	M	800	2:52.01	Stretford	Trafford Grand Prix	2021-05-18
781044	James Rogers	2021	V45	M	800	2:56.65	Stretford	Trafford Grand Prix	2021-06-01
781044	James Rogers	2021	V45	M	3000	11:37.69	Stretford	Trafford Grand Prix	2021-05-18
781044	James Rogers	2021	V45	M	3000	12:07.72	Stretford	Trafford Grand Prix	2021-06-01
781044	James Rogers	2021	V45	M	5000	20:27.04	Nuneaton	Midland Masters Championships	2021-06-06
781044	James Rogers	2021	V45	M	5000	20:31.7	Salford	North of England League West 2S	2021-05-22
781044	James Rogers	2021	V45	M	3000SC	13:09.5	Salford	North of England League West 2S	2021-05-22
781044	James Rogers	2021	V45	M	5K	20:32	Liverpool	RunThrough Aintree Racecourse 5K	2021-05-09
781044	James Rogers	2021	V45	M	10K	43:14	Knutsford	Runthrough Chase The Sun Tatton 10K	2021-06-02
781044	James Rogers	2021	V45	M	10K	45:11	Manchester	RunThrough Heaton Park 10K	2021-05-12
363515	Rebecca Selvey	2021	V45	W	800	2:50.7	Redditch	Midland Veterans League	2021-06-23
363515	Rebecca Selvey	2021	V45	W	5000	23:48.97	Nuneaton	Midland Masters Championships	2021-06-06
15337	Rob Sheen	2021	V55	M	3000	DNF	Milton Keynes	SOAR MK3000 PB Special	2021-05-22
15337	Rob Sheen	2021	V55	M	5K	19:36	Prestwold	Real Races 5K	2021-05-02
1060672	Chris Shepherd	2021	V40	M	LJ	5.15	Newport	Welsh Athletics Event Specific - Sprints & Jumps	2021-06-23
1060672	Chris Shepherd	2021	V40	M	LJ	5.10	Yate	National Athletics League Premier West	2021-06-06
42257	Mark Shepherd	2021	V50	M	800	2:29.5	Burton	Midland Veterans League - North	2021-06-16
42257	Mark	2021	V50	M	3000	10:31.1	Burton	Midland	2021-

ID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
	Shepherd							Veterans League - North	06-16
246785	Juliet Sidney	2021	V50	W	100	14.17	Nuneaton	Midland Masters Championships	2021-06-06
246785	Juliet Sidney	2021	V50	W	100	14.53	Newport	Welsh Athletics Event Specific - Sprints & Jumps	2021-06-23
246785	Juliet Sidney	2021	V50	W	200	29.62	Nuneaton	Midland Masters Championships	2021-06-06
31762	Clare St. John-Coleman	2021	V60	W	100	15.46	Chelmsford	Chelmsford Sport & Athletics Centre	2021-05-26
31762	Clare St. John-Coleman	2021	V60	W	100	15.8	Chelmsford	Eastern Masters League Southern	2021-06-02
31762	Clare St. John-Coleman	2021	V60	W	LJ	3.96	Hornchurch	Havering AC Warm Up Meeting	2021-05-02
31762	Clare St. John-Coleman	2021	V60	W	LJ	3.88	Chelmsford	Eastern Masters League Southern	2021-06-02
31762	Clare St. John-Coleman	2021	V60	W	LJ	3.86	Chelmsford	Chelmsford Sport & Athletics Centre	2021-06-16
31762	Clare St. John-Coleman	2021	V60	W	TJ	7.18	Chelmsford	Eastern Masters League Southern	2021-06-02
42436	Dave Stokes	2021	V55	M	PV	2.30	Ashton-under-Lyne	North of England League West 2S	2021-06-19
42436	Dave Stokes	2021	V55	M	PV	2.20	Salford	North of England League West 2S	2021-05-22
42436	Dave Stokes	2021	V55	M	SP7.26K	7.76	Salford	North of England League West 2S	2021-05-22
42436	Dave Stokes	2021	V55	M	SP7.26K	7.21	Ashton-under-Lyne	North of England League West 2S	2021-06-19
42436	Dave Stokes	2021	V55	M	SP6K	7.94	Nuneaton	Midland Masters Championships	2021-06-06
42436	Dave Stokes	2021	V55	M	DT2K	23.29	Salford	North of England League West	2021-05-22

ID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
								2S	
42436	Dave Stokes	2021	V55	M	DT2K	21.99	Ashton-under-Lyne	North of England League West 2S	2021-06-19
42436	Dave Stokes	2021	V55	M	DT1.5K	26.68	Nuneaton	Midland Masters Championships	2021-06-06
42436	Dave Stokes	2021	V55	M	HT7.26K	24.20	Ashton-under-Lyne	North of England League West 2S	2021-06-19
42436	Dave Stokes	2021	V55	M	HT7.26K	23.62	Salford	North of England League West 2S	2021-05-22
42436	Dave Stokes	2021	V55	M	HT6K	27.75	Nuneaton	Midland Masters Championships	2021-06-06
42436	Dave Stokes	2021	V55	M	JT800	21.71	Salford	North of England League West 2S	2021-05-22
42436	Dave Stokes	2021	V55	M	JT800	20.06	Ashton-under-Lyne	North of England League West 2S	2021-06-19
42436	Dave Stokes	2021	V55	M	JT700	23.27	Nuneaton	Midland Masters Championships	2021-06-06
1602	James Thie	2021	V40	M	5K	15:48	Bath	The On Bristol Track Club Elite 5K	2021-05-22
10863	Joe Thomas	2021	V40	M	5K	16:01	Pembrey	Welsh Athletics 5K Series	2021-05-29
10863	Joe Thomas	2021	V40	M	10K	33:40	Chepstow	Speedway 10K	2021-05-02
2865	Michelle Thomas	2021	V45	W	100	12.96	Kettering	Kettering Open Meeting	2021-05-31
2865	Michelle Thomas	2021	V45	W	100	13.28	Nuneaton	Birchfield Harriers National Athletics League Warm Up	2021-05-16
2865	Michelle Thomas	2021	V45	W	100	13.30	Nuneaton	Midland Masters Championships	2021-06-06
2865	Michelle Thomas	2021	V45	W	100	13.40	Nuneaton	Birchfield Harriers National Athletics League Warm Up	2021-05-16
2865	Michelle Thomas	2021	V45	W	100	13.4	Telford	Midlands Veterans T&F	2021-05-26

ID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
								League	
2865	Michelle Thomas	2021	V45	W	100	13.42	Sheffield	Sheffield Run Jump Throw Series	2021-05-03
2865	Michelle Thomas	2021	V45	W	100	13.55	Nuneaton	Midland Counties Athletic Association Senior & U20 Championships	2021-06-12
2865	Michelle Thomas	2021	V45	W	200	27.48	Nuneaton	Midland Masters Championships	2021-06-06
2865	Michelle Thomas	2021	V45	W	200	27.50	Kettering	Kettering Open Meeting	2021-05-31
2865	Michelle Thomas	2021	V45	W	200	27.73	Nuneaton	Birchfield Harriers National Athletics League Warm Up	2021-05-16
2865	Michelle Thomas	2021	V45	W	200	28.45	Sheffield	Sheffield Run Jump Throw Series	2021-05-03
2865	Michelle Thomas	2021	V45	W	200	DNF	Nuneaton	Midland Counties Athletic Association Senior & U20 Championships	2021-06-13
2865	Michelle Thomas	2021	V45	W	400	63.7	Telford	Midlands Veterans T&F League	2021-05-26
2865	Michelle Thomas	2021	V45	W	HJ	1.20	Telford	Midlands Veterans T&F League	2021-05-26
2865	Michelle Thomas	2021	V45	W	SP4K	7.93	Telford	Midlands Veterans T&F League	2021-05-26
222758	Jan Timberlake	2021	V50	W	100	16.6	Gloucester	Gloucester June Open	2021-06-15
222758	Jan Timberlake	2021	V50	W	100	16.92	Nuneaton	Nuneaton Open Events - Night of 100m PB's	2021-06-02
222758	Jan Timberlake	2021	V50	W	LJ	4.01	Nuneaton	Midland Counties Athletic Association Senior & U20 Championships	2021-06-13
222758	Jan Timberlake	2021	V50	W	LJ	3.97	Cheltenham	Cheltenham Restart Open	2021-05-29
222758	Jan Timberlake	2021	V50	W	LJ	3.94	Stourport	Midland League - Worcs/Here/West	2021-06-20

ID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
222758	Jan Timberlake	2021	V50	W	LJ	3.84	Gloucester	Gloucestershire County Championships	2021-05-16
222758	Jan Timberlake	2021	V50	W	LJ	3.84	Redditch	Midland Veterans League	2021-06-23
222758	Jan Timberlake	2021	V50	W	TJ	8.47	Stourport	Midland League - Worcs/Here/West	2021-06-20
222758	Jan Timberlake	2021	V50	W	TJ	8.21	Redditch	Midland Veterans League	2021-06-23
222758	Jan Timberlake	2021	V50	W	DT1K	24.40	Nuneaton	Midland Counties Athletic Association Senior & U20 Championships	2021-06-13
222758	Jan Timberlake	2021	V50	W	DT1K	24.19	Sheffield	Sheffield Run Jump Throw Series	2021-06-09
222758	Jan Timberlake	2021	V50	W	DT1K	22.62	Cheltenham	Cheltenham Restart Open	2021-05-29
222758	Jan Timberlake	2021	V50	W	DT1K	20.93	Stourport	Midland League - Worcs/Here/West	2021-06-20
222758	Jan Timberlake	2021	V50	W	DT1K	18.49	Gloucester	Gloucestershire County Championships	2021-05-23
8782	Ros Townsend-Hope	2021	V65	W	800	3:14.5	Redditch	Midland Veterans League	2021-06-23
8782	Ros Townsend-Hope	2021	V65	W	3000	13:57.9	Redditch	Midland Veterans League	2021-06-23
928718	Martin Tucker	2021	V50	M	SP7.26K	8.55	Ashton-under-Lyne	North of England League West 2S	2021-06-19
928718	Martin Tucker	2021	V50	M	SP6K	9.26	Nuneaton	Midland Masters Championships	2021-06-06
928718	Martin Tucker	2021	V50	M	JT800	36.63	Ashton-under-Lyne	North of England League West 2S	2021-06-19
928718	Martin Tucker	2021	V50	M	JT700	34.08	Nuneaton	Midland Masters Championships	2021-06-06
35174	Julie Wakelam	2021	V60	W	200	36.1	Redditch	Midland Veterans League	2021-06-23
35174	Julie Wakelam	2021	V60	W	HJ	1.10	Redditch	Midland Veterans	2021-06-23

ID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
								League	
35174	Julie Wakelam	2021	V60	W	LJ	3.37	Nuneaton	Midland Masters Championships	2021-06-06
35174	Julie Wakelam	2021	V60	W	LJ	3.37	Redditch	Midland Veterans League	2021-06-23
35174	Julie Wakelam	2021	V60	W	LJ	3.35	Cheltenham	Cheltenham Restart Open	2021-05-29
35174	Julie Wakelam	2021	V60	W	TJ	7.00	Redditch	Midland Veterans League	2021-06-23
35174	Julie Wakelam	2021	V60	W	HT3K	28.49	Nuneaton	Midland Masters Championships	2021-06-06
35174	Julie Wakelam	2021	V60	W	HT3K	28.33	Cheltenham	Cheltenham Restart Open	2021-05-29
35174	Julie Wakelam	2021	V60	W	HT3K	26.85	Gloucester	Gloucestershire County Championships	2021-05-16
35174	Julie Wakelam	2021	V60	W	JT500	21.08	Nuneaton	Midland Masters Championships	2021-06-06
35174	Julie Wakelam	2021	V60	W	JT500	20.31	Cheltenham	Cheltenham Restart Open	2021-05-29
35174	Julie Wakelam	2021	V60	W	JT500	18.17	Redditch	Midland Veterans League	2021-06-23
51847	Peter Watkeys	2021	V35	M	800	2:05.46	Basingstoke	Basingstoke & Mid Hants AC 2 Lap Open Meet	2021-05-22
51847	Peter Watkeys	2021	V35	M	800	2:08.65	Winchester	Winchester June Open Meeting	2021-06-01
51847	Peter Watkeys	2021	V35	M	1500	4:24.5	Basingstoke	Basingstoke & Mid Hants AC Season Starter	2021-05-01
51847	Peter Watkeys	2021	V35	M	1500	4:29.0	Basingstoke	Southern Athletics League - West	2021-06-20
761334	Victoria Watkins	2021	V40	W	200	31.9	Redditch	Midland Veterans League	2021-06-23
761334	Victoria Watkins	2021	V40	W	200	33.0	Cheltenham	Cheltenham Restart Open	2021-05-29
761334	Victoria Watkins	2021	V40	W	400	73.0	Cheltenham	Cheltenham Restart Open	2021-05-29
761334	Victoria Watkins	2021	V40	W	800	2:54.5	Redditch	Midland Veterans League	2021-06-23
761334	Victoria Watkins	2021	V40	W	5K	20:51	Hereford	Hereford Couriers 5K Series	2021-06-02
761334	Victoria Watkins	2021	V40	W	5K	21:23	Hereford	Hereford Couriers 5K	2021-05-05

ID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
								Series	
50764	Russell Whiting	2021	V50	M	100	11.8	Eastbourne	Sussex Veterans League	2021-05-19
50764	Russell Whiting	2021	V50	M	100	12.05	Worthing	Worthing Open Meeting	2021-05-02
50764	Russell Whiting	2021	V50	M	100	12.2	Crawley	Southern Athletics League - South Central	2021-06-20
50764	Russell Whiting	2021	V50	M	200	24.84	Crawley	Southern Athletics League - South Central	2021-06-20
50764	Russell Whiting	2021	V50	M	200	24.99	Worthing	Worthing Open Meeting	2021-05-02
50764	Russell Whiting	2021	V50	M	200	25.7	Lewes	Sussex Veterans League	2021-06-14
71990	David Williams	2021	V55	M	1500	4:46.30	Aldershot	Aldershot, Farnham & District AC Open Meeting 3	2021-05-31
71990	David Williams	2021	V55	M	3000	10:11.59	Wimbledon	Wimbo Distance Night	2021-05-19
71990	David Williams	2021	V55	M	3000	10:11.85	Wimbledon	Wimbo Middle Distance Night	2021-06-02
71990	David Williams	2021	V55	M	5000	17:51.5	Aldershot	Southern Athletics League - Mid West	2021-06-20
71990	David Williams	2021	V55	M	5000	18:02.4	Battersea Park	Herne Hill Harriers Open Endurance Meeting	2021-05-22
71990	David Williams	2021	V55	M	5000	18:15.96	Carshalton	SLAN 'Out to Play' Track & Field Open	2021-05-16
71990	David Williams	2021	V55	M	10K	39:26	Cranleigh	Jigsaw Run 10K	2021-05-09
766506	David John Williams	2021	V35	M	1500	4:15.01	Carmarthen	Welsh Endurance Meeting 1	2021-05-26
766506	David John Williams	2021	V35	M	10K	31:38	Chepstow	Speedway 10K	2021-05-02
782788	Ian Williams	2021	V45	M	SP7.26K	8.55	Stourport	Midland League - Worcs/Here/ West	2021-06-20
782788	Ian Williams	2021	V45	M	DT2K	25.92	Stourport	Midland League - Worcs/Here/ West	2021-06-20
782788	Ian Williams	2021	V45	M	JT800	28.00	Stourport	Midland League - Worcs/Here/	2021-06-20

ID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
								West	
60402	Paul Williams	2021	V55	M	100	13.2	Telford	Midlands Veterans T&F League	2021-05-26
60402	Paul Williams	2021	V55	M	200	27.3	Burton	Midland Veterans League - North	2021-06-16
60402	Paul Williams	2021	V55	M	400	65.0	Telford	Midlands Veterans T&F League	2021-05-26
60402	Paul Williams	2021	V55	M	LJ	4.06	Burton	Midland Veterans League - North	2021-06-16
60402	Paul Williams	2021	V55	M	TJ	9.11	Telford	Midlands Veterans T&F League	2021-05-26
643962	Robin Wood	2021	V55	M	100	14.51	Swansea	Welsh Athletics Event Specific - Sprints & Jumps	2021-05-22
446852	Mark Wyndham-Jones	2021	V70	M	100	15.0	Peterborough	Eastern Masters League Northern	2021-06-01
446852	Mark Wyndham-Jones	2021	V70	M	DT1K	34.04	Peterborough	Eastern Masters League Northern	2021-06-01
446852	Mark Wyndham-Jones	2021	V70	M	HT5K	23.51	Peterborough	Eastern Masters League Northern	2021-06-01